1 , 50m 06.10.2010

	26.38		14.11.200
: FINA 2010			
1.	1989	28.39	703 A
2.	1992	29.16	649 A
3.	1991	29.45	630 A
4.	1991	29.53	625 A
5.	1992	29.66	616 A
6.	1990	29.74	612 A
7.	1992	29.97	598 R
8.	1994	30.03	594 R
9.	1991	30.17	586
10.	1991	30.74	554
11.	1993	30.76	553
12.	1992	30.89	546
13.	1993	31.03	538
14.	1992	31.11	534
15.	1993	31.32	523
16.	1994	31.66	507
17.	1992	31.71	504
18.	1992	31.84	498
19.	1996 1	31.88	496
20.	1994	31.90	495
21.	1992	31.96	493
22.	1996	32.28	478
23.	1994	32.30	477
24.	1993 1	32.35	475
25.	1994	32.40	473
26.	1995	32.42	472
27.	1993	32.48	469
28.	1992	32.68	461
29.	1996 1	32.74	458
30.	1995 1	32.77	457
31.	1995 1	33.21	439
32.	1996 1	33.33	434
33.	1996 1	33.40 II	432
34.	1994	33.56 II	425
35.	1995 1	33.62 II	423
36.	1994 1	33.83	415
37.	1997 1	36.48	331
SQ	1990	33.13	
SQ	1992		





2	, 50m		
06.10.2010	29.67	<u>-</u>	21.12.200
: FINA 2010			
1.	1992	32.33	706 A
2.	1986	33.56	631 A
3.	1994	33.63	628 A
4.	1998	34.32	590 A
5.	1994	34.49	582 A
6.	1994	34.66	573 A
7.	1991	34.75	569 R
8.	1994	34.87	563 R
9.	1996	34.93	560
10.	1995	35.12	551
11.	1989	35.14	550
12.	1994	35.37	539
13.	1995	35.64	527
14.	1994	35.65 I	527
15.	1996	35.78	521
16.	1994	36.19	503
17.	1997 1	37.55	451
18.	1996	37.56 II	450
19.	1997 1	38.08	432
20.	1998 1	38.29	425
21.	1998 1	38.36	423
22.	1997 1	38.81	423
23.	1997 1	38.94	406 404
23.	1995 1	30.94 11	404
_			
3 06.10.2010	, 100m		
0.10.2010	48.48		15.11.200
: FINA 2010	40.40		13.11.200
1.	1984	55.60	662
2.	1987	55.98	649
3.	1992	56.37	636
4.	1988	56.84	620
4. 5.	1989	57.14	610
5. 6.	1992		603
		57.37 57.90	
7. 8.	1993 1992	57.80 59.35	590 573
		58.35	573
9.	1993	58.83	559 550
10.	1993	58.94	556 547
11.	1991	59.26	547
12.	1993	59.32	545 526
13.	1994	59.68	536
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ALGE TIMING SWC

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		, 0-9	2010 .		
3,	, 100m	7			
4.4		4000		4-00-00-1	505
14.		1992		1:00.09	525
15.		1992		1:00.76	507
16.		1994		1:00.91	504
17.		1995 1		1:01.35	493
18.		1983		1:01.52	489
19.		1993		1:01.61	487
20.		1992 1		1:01.78	483
21.		1994 1		1:03.03	455
22.		1996 1		1:03.09	453
23.		1994		1:03.24	450
24.		1994 1		1:07.60	368
25.		1996 1		1:07.90	363
26.		1997 1		1:09.66 II	337
27.		1997 2		1:15.66	263
DSQ		1994			
4		, 200m	0		
06.10.2010		, 20011	1		
	2:07	7.61			20.12.200
: FINA 2010					

	2:07.61		20.12.2009
: FINA 2010			
1.	1995	2:24.44	584
2.	1992	2:26.22	563
3.	1994	2:27.47	549
4.	1994	2:28.52	537
5.	1992	2:30.78	513
6.	1995	2:32.33	498
7.	1994	2:32.50	496
8.	1996 1	2:34.45	478
9.	1995	2:37.96	447
10.	1996 1	2:40.81	423
11.	1994	2:41.93	414
12.	1997 1	2:43.10	406
13.	1997	2:44.12	398
14.	1995	2:58.09	311
15.	1998 1	3:01.39	295
DSQ	1995		
DSQ	1996 1		
EXH	1995	2:25.20	575





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5	, 200m
06.10.2010	

	1:40.08	(TUR)	13.12.200
: FINA 2010			
1.	1990	1:53.24	675
2.	1990	1:53.88	664
3.	1992	1:55.07	643
4.	1989	1:55.25	640
5.	1991	1:56.31	623
6.	1994	1:56.44	621
7.	1992	1:56.72	617
8.	1995	1:56.95	613
9.	1993	1:57.08	611
10.	1993	1:57.49	605
11.	1995	1:57.55	604
12.	1993	1:57.68	602
13.	1991	1:57.74	601
14.	1994	1:58.04	596
	1988	1:58.08	595
15.	1992		
16.	1992	1:58.43	590 593
17. 18.	1994	1:58.96	582
	1993	1:58.99	582 569
19.		1:59.92	568
20.	1992	2:00.57	559
21.	1993	2:00.82	556
22.	1992	2:01.33	549
23.	1996	2:01.48	547
24.	1993	2:01.49	547
25.	1992 1	2:01.87	542
26.	1993	2:02.17	538
27.	1996 1	2:02.29	536
28.	1993	2:02.41	534
29.	1990	2:02.86	529
30.	1993	2:03.11	525
31.	1995	2:03.92	515
32.	1994	2:03.96	515
33.	1993	2:03.99	514
34.	1992 1	2:04.63	506
35.	1993	2:04.73	505
36.	1994 1	2:05.92	491
37.	1996 1	2:06.22	487
38.	1994 1	2:07.70	471
39.	1986	2:07.73	470
40.	1994 1	2:07.85	469
41.	1996 1	2:11.61	430
42.	1994 1	2:13.98	407
43.	1997 2	2:30.31	288
44.	1997 2	2:31.52	282
)SQ	1994 1	2.0.102 111	





6	, 100m
06.10.2010	

	53.20	(CRO)	12.12.200
: FINA 2010			
1.	1990	57.50	698
2.	1988	57.86	685
3.	1989	57.97	681
4.	1996	58.12	676
5.	1994	58.42	665
6.	1994	58.46	664
7.	1992	58.99	646
8.	1989	59.05	644
9.	1992	59.79	620
10.	1993	1:00.36	603
11.	1994	1:00.96	585
12.	1994	1:01.25	577
13.	1995	1:01.45	572
14.	1994	1:01.50	570
15.	1996	1:01.62	567
16.	1994	1:02.20	551
17.	1996 1	1:02:33	548
18.	1993	1:02:35	547
19.	1994	1:02:56	542
20.	1994	1:02.77	536
21.	1995	1:02.95	532
22.	1996	1:02.97	531 531
23.	1996	1:02.99	531
24.	1994	1:03.02	530
25.	1994	1:03.51	518
26.	1996	1:03.57	516
27.	1995	1:03.64	514
28.	1994 1	1:03.90	508
29.	1996	1:04.03	505
30.	1996 1	1:04.57	493
31.	1994	1:04.66	490
32.	1996 1	1:04.79	488
33.	1997 1	1:05.14	480
34.	1997 1	1:06.69	447
35.	1993	1:06.84	444
36.	1995 1	1:06.88	443
37.	1997 1	1:07.10	439
38.	1998 1	1:07.90	423
39.	1996 1	1:08.06	421
40.	1998 1	1:08.79	407
41.	1997 1	1: 09.06	402
42.	1996 1	1:11.72	359
43.	1997 1	1:14.53	320
SQ	1994 1		
OSQ	1998 2		





7	, 100m		
06.10.2010			
	48.97 48.97		13.12.20 13.12.20
: FINA 2010			
1.	1988	55.44	687
2.	1992	57.07	630
3.	1989	57.86	605
4.	1992	57.91	603
5.	1990	58.11	597
6.	1989	58.58	583
7.	1993	58.96	571
8.	1992	59.93	544
9.	1992	59.99	542
10.	1993	1:00.48	529
11.	1993	1:00.90	518
12.	1990	1:01.36	507
13.	1994	1:01.56	502
14. 15.	1991 1990	1:02.21 1:02.50	486 480
16.	1994	1:04.31	440
17.	1994	1:04.38	440
18.	1995	1:05.32	439 420
19.	1995	1:05.44	418
20.	1993 1	1:06.62	396
21.	1988 1	1:06.96	390
22.	1995 1	1:07.71	377
23.	1997 1	1:07.79	376
24.	1997 1	1:12.99	301
	200		
8 6.10.2010	, 200m		
0.10.2010	2:02.89		19.12.20
: FINA 2010			
1.	1989	2:21.29	615
2.	1995	2:21.88	607
3.	1994	2:21.94	606
4.	1996	2:24.55	574
5.	1991	2:27.64	539
6.	1992	2:28.76	527
7.	1997	2:29.72	517
8.	1995	2:29.75	516
9.	1996 1	2:30.71	507
10.	1994	2:32.63	488
11.	1997 1	2:33.14	483
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						, 0 0		2010 .					
	8,		, 200m		,								
12.					1996 1					2:	:33.67	478	
13.					1996						34.37	471	
14.					1998 1						34.98	466	
15.					1994						36.48	453	
16.					1998 1						36.54	452	
17.					1996 1						:38.15	438	
											.36.13 :41.79		
18.					1997 1							409	
19.					1997 1						:44.55	389	
20.					1998 1					2	:56.94	313	
DSQ					1996 1								
	9					, 1500n	n						
6.10.20						, 100011	•						
: FINA 2	2010			14:16.13						(FIN)	09.	.12.200
1.					1991						:21.61	649	
	50m:	27.90	27.90	450m:	4:42.84	32.49	850m:	9:04.69	32.67		13:33.47	33.99	
	100m: 150m:	58.12 1:29.35	30.22 31.23	500m: 550m:	5:15.45 5:48.18	32.61 32.73	900m:	9:37.56 10:10.73	32.87 33.17		14:07.86 14:41.51	34.39 33.65	
	200m:	2:02.31	32.96	600m:	6:20.71	32.53		10:10:73	33.36		15:15.80	34.29	
	250m:	2:34.30	31.99	650m:	6:53.39	32.68		11:17.67	33.58		15:49.29	33.49	
	300m:	3:06.27	31.97	700m:	7:26.13	32.74		11:51.43	33.76		16:21.61	32.32	
	350m:	3:38.38	32.11	750m:	7:59.04	32.91		12:25.55	34.12				
	400m:	4:10.35	31.97	800m:	8:32.02	32.98	1200m:	12:59.48	33.93				
2.					1992					16	:27.28	638	
	50m:	29.33	29.33	450m:	4:54.92	32.61	850m:	9:19.69	33.27		13:45.82	33.28	
	100m:	1:01.85	32.52	500m:	5:27.72	32.80	900m:	9:52.61	32.92	1300m:	14:18.66	32.84	
	150m:	1:35.26	33.41	550m:	6:00.48	32.76		10:25.66	33.05		14:51.54	32.88	
	200m:	2:08.76	33.50	600m:	6:33.49	33.01		10:58.97	33.31		15:24.35	32.81	
	250m: 300m:	2:42.27 3:15.52	33.51 33.25	650m: 700m:	7:07.04 7:40.06	33.55 33.02		11:32.38 12:06.00	33.41 33.62		15:56.63 16:27.28	32.28 30.65	
	350m:	3:48.88	33.36	750m:	8:13.08	33.02		12:39.33	33.33	1300111.	10.27.20	30.03	
	400m:		33.43	800m:	8:46.42	33.34		13:12.54	33.21				
3.					1996					16	:39.95	614	
	50m:	29.46	29.46	400m:	4:50.80	32.84	750m:	8:45.57	33.70	1200m:	13:16.81	1:07.64	
	100m:	1:01.29	31.83	450m:	5:24.16	33.36	800m:	9:19.54	33.97		13:50.72	33.91	
	150m:	1:33.53	32.24	500m:	5:57.62	33.46	850m:	9:53.57	34.03		14:24.74	34.02	
	200m: 250m:	2:06.01 2:38.72	32.48 32.71	550m: 600m:	6:31.15 7:04.67	33.53 33.52		10:27.44 11:01.03	33.87 33.59		14:59.06 15:33.64	34.32 34.58	
	300m:	3:11.70	32.71	650m:	7:38.17	33.50		11:35.04	34.01		16:07.64	34.00	
	350m:	4:17.96	1:06.26	700m:	8:11.87	33.70		12:09.17	34.13		16:39.95	32.31	
4.	5 0	00.00	00.00	450	1990	04.40	050	0.40.05	20.00		:54.05	589	
	50m:	28.36	28.36	450m:	4:49.64 5:22.27	34.18	850m:	9:19.05	32.80 35.54		13:56.36 14:32.34	36.18	
	100m: 150m:	59.51 1:31.18	31.15 31.67	500m: 550m:	5:22.27 5:55.95	32.63 33.68	900m: 950m:	9:54.59 10:29.21	35.54 34.62		14:32.34 15:07.70	35.98 35.36	
	200m:	2:04.13	32.95	600m:	6:29.58	33.63		11:03.82	34.61		15:43.59	35.89	
	250m:	2:39.40	35.27	650m:	7:02.95	33.37		11:38.25	34.43		16:19.21	35.62	
	300m:	3:09.41	30.01	700m:	7:37.53	34.58		12:11.93	33.68	1500m:	16:54.05	34.84	
	350m:	3:41.94	32.53	750m:	8:11.01	33.48		12:44.42	32.49				
	400m:	4:15.46	33.52	800m:	8:46.25	35.24	1200m:	13:20.18	35.76				





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9.	. 1500m	
9 .	. IOUUIII	

5.					1992					16:	:58.02	582
	50m:	32.76	32.76	450m:	5:12.91	34.59	850m:	9:46.69	33.44		14:13.43	33.49
	100m:	1:08.23	35.47	500m:	5:47.57	34.66	900m:	10:20.09	33.40		14:46.90	33.47
	150m: 200m:	1:43.20 2:18.34	34.97 35.14	550m: 600m:	6:22.39 6:56.30	34.82 33.91	950m:	10:53.45 11:26.45	33.36 33.00		15:20.60 15:53.69	33.70 33.09
	250m:	2:53.70	35.36	650m:	7:30.69	34.39	1050m:	11:59.94	33.49		16:26.61	32.92
	300m:	3:28.54	34.84	700m:	8:05.31	34.62	1100m:	12:33.04	33.10		16:58.02	31.41
	350m:	4:03.30	34.76	750m:	8:39.40	34.09	1150m:	13:06.17	33.13			
	400m:	4:38.32	35.02	800m:	9:13.25	33.85	1200m:	13:39.94	33.77			
6.					1994					16:	:59.11	580
	50m:	30.07	30.07	450m:	4:58.49	34.25	850m:	9:34.53	34.01		14:11.23	34.00
	100m:	1:02.22	32.15	500m:	5:32.76	34.27	900m:	10:10.00	35.47	1300m:	14:46.49	35.26
	150m:	1:34.49	32.27	550m:	6:06.81	34.05	950m:	10:45.13	35.13	1350m:		33.87
	200m:	2:08.56	34.07	600m:	6:41.44	34.63	1000m:	11:20.00	34.87		15:55.00	34.64
	250m: 300m:	2:44.78 3:16.17	36.22 31.39	650m: 700m:	7:15.55 7:51.12	34.11 35.57	1050m: 1100m:	11:52.03 12:28.82	32.03 36.79	1450m:	16:28.74 16:59.11	33.74 30.37
	350m:	3:49.68	33.51	750m:	8:25.27	34.15		13:02.36	33.54	1300111.	10.55.11	30.37
	400m:	4:24.24	34.56	800m:	9:00.52	35.25	1200m:	13:37.23	34.87			
7										47	.02.06	F70
7.	F0	20.06	20.06	45000	1994 4:59.08	24.24	05000	9:32.82	24.60		:03.86	572 35.53
	50m: 100m:	30.06 1:02.09	30.06 32.03	450m: 500m:	4:59.08 5:32.77	34.24 33.69	850m: 900m:	9:32.82	34.69 34.46		14:12.51 14:46.89	35.53 34.38
	150m:	1:35.09	33.00	550m:	6:07.14	34.37	950m:	10:42.53	35.25		15:21.45	34.56
	200m:	2:08.68	33.59	600m:	6:41.88	34.74	1000m:		35.30	1400m:		34.79
	250m:	2:42.63	33.95	650m:	7:15.87	33.99		11:52.56	34.73	1450m:	16:30.48	34.24
	300m:	3:17.04	34.41	700m:	7:49.58	33.71		12:27.28	34.72	1500m:	17:03.86	33.38
	350m:	3:50.94	33.90	750m:	8:24.43	34.85		13:02.24	34.96			
	400m:	4:24.84	33.90	800m:	8:58.13	33.70	1200m:	13:36.98	34.74			
0												
8.					1994 1					17:	:26.10	536
Ο.	100m:	1:02.09	1:02.09	500m:	5:37.27	34.94		10:19.70	35.52		15:04.94	536 35.59
Ο.	150m:	1:35.28	33.19	550m:	5:37.27 6:12.31	35.04	950m:	10:55.37	35.67	1300m: 1350m:	15:04.94 15:40.44	35.59 35.50
0.	150m: 200m:	1:35.28 2:09.32	33.19 34.04	550m: 600m:	5:37.27 6:12.31 6:47.64	35.04 35.33	950m: 1000m:	10:55.37 11:30.93	35.67 35.56	1300m: 1350m: 1400m:	15:04.94 15:40.44 16:16.37	35.59 35.50 35.93
0.	150m: 200m: 250m:	1:35.28 2:09.32 2:43.52	33.19 34.04 34.20	550m: 600m: 650m:	5:37.27 6:12.31 6:47.64 7:22.96	35.04 35.33 35.32	950m: 1000m: 1050m:	10:55.37 11:30.93 12:06.35	35.67 35.56 35.42	1300m: 1350m: 1400m: 1450m:	15:04.94 15:40.44 16:16.37 16:52.40	35.59 35.50 35.93 36.03
0.	150m: 200m: 250m: 300m:	1:35.28 2:09.32 2:43.52 3:18.26	33.19 34.04 34.20 34.74	550m: 600m: 650m: 700m:	5:37.27 6:12.31 6:47.64 7:22.96 7:57.90	35.04 35.33 35.32 34.94	950m: 1000m: 1050m: 1100m:	10:55.37 11:30.93 12:06.35 12:41.84	35.67 35.56 35.42 35.49	1300m: 1350m: 1400m: 1450m:	15:04.94 15:40.44 16:16.37	35.59 35.50 35.93
0.	150m: 200m: 250m:	1:35.28 2:09.32 2:43.52	33.19 34.04 34.20	550m: 600m: 650m:	5:37.27 6:12.31 6:47.64 7:22.96	35.04 35.33 35.32	950m: 1000m: 1050m:	10:55.37 11:30.93 12:06.35	35.67 35.56 35.42	1300m: 1350m: 1400m: 1450m:	15:04.94 15:40.44 16:16.37 16:52.40	35.59 35.50 35.93 36.03
0.	150m: 200m: 250m: 300m: 350m:	1:35.28 2:09.32 2:43.52 3:18.26 3:53.09	33.19 34.04 34.20 34.74 34.83	550m: 600m: 650m: 700m: 750m:	5:37.27 6:12.31 6:47.64 7:22.96 7:57.90 8:33.90	35.04 35.33 35.32 34.94 36.00	950m: 1000m: 1050m: 1100m: 1150m: 1200m:	10:55.37 11:30.93 12:06.35 12:41.84 13:17.57	35.67 35.56 35.42 35.49 35.73	1300m: 1350m: 1400m: 1450m:	15:04.94 15:40.44 16:16.37 16:52.40	35.59 35.50 35.93 36.03
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	100m:	1:07.44	34.89	450m:	5:23.23	37.03	800m:	9:46.51	37.71	1200m: 14:54.69	39.53	
	150m:	1:43.07	35.63	500m:	6:00.69	37.46	900m:	11:03.21	1:16.70	1250m: 15:32.55	37.86	
	200m:	2:18.91	35.84	550m:	6:38.19	37.50	950m:	11:41.80	38.59	1300m: 16:11.28	38.73	
	250m:	2:55.37	36.46	600m:	7:20.32	42.13	1000m:	12:17.76	35.96	1400m: 17:28.67	1:17.39	
	300m:	3:32.51	37.14	650m:	7:52.69	32.37	1050m:	12:56.79	39.03	1450m: 18:04.70	36.03	
	350m:	4:08.95	36.44	700m:	8:30.34	37.65	1100m:	13:36.25	39.46	1500m: 18:39.14	34.44	
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13.					1997 1					20:17.47	340	
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25. 1994 1:14.25 470 26. 1995 1:14.57 464 27. 1997 1:15.28 451 28. 1997 1:15.62 445 29. 1995				
26. 1995 1 1:14.57 464 27. 1997 1 1:15.28 451 28. 1997 1 1:15.62 445 29. 1995 1:17.89 407				
27. 1997 1 1:15.28 II 451 28. 1997 1 1:15.62 II 445 29. 1995 1:17.89 II 407				
28. 1997 1 1:15.62 II 445 29. 1995 1:17.89 II 407				
29. 1995 1:17.89 II 407				
30. 1990 I 1.17.90 II 407				
	JU.	1990 1	1.17.30	701





	, 6-9 20	10 .	
10,	, 100m ,		
31.	1998 1	1:18.09 II 404	
32.	1995 1	1:19.19 II 387	
33.	1998 1	1:21.56 II 354	
34.	1998 1	1:25.72 III 305	
DSQ	1989		
DSQ	1997 1		
DSQ	1995		
EXH	1995	1:10.12 558	
11	, 50m		
06.10.2010	, 30111		
	26.38	14.11	.2009
: FINA 2010			
А			
1.	1989	28.54 692	
2.	1992	28.88 668	
3.	1991	29.03 658	
4.	1991	29.18 647	
5.	1990	29.47 628	
6.	1992	29.99 596	
0.		20.00	
12	, 50m		
06.10.2010	, and the second se		
	29.67	- 21.12	2.2008
: FINA 2010			
Α			
1.	1992	32.45 699	
2.	1994	33.04 662	
3.	1986	33.18 653	
4.	1994	34.20 597	
5.	1998	34.61 576	
6.	1994	34.69 572	



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311 , 4 x 50m

		1:40.00	-		13.11.20
: FINA 2010					
1.	1			1:48.87	673
	•	89	27.54	95	28.07
		96	26.69	92	26.57
2.	1			1:49.45	663
		88	27.18	89	27.46
		97	27.89	92	26.92
3.	1			1:50.50	644
		94	27.12	93	28.02
		94	27.93	92	27.43
4.	1			1:52.45	611
		89	28.42	95	29.05
		96	28.03	89	26.95
5.	1			1:52.95	603
		94	28.31	94	29.04
		96	28.60	94	27.00
6.	2			1:55.65	562
	_	94	28.11	94	29.21
		93	29.16	96	29.17
7.	2			1:55.91	558
	_	94	29.36	94	28.90
		94	28.37	94	29.28
8.	1			1:56.73	546
		94	28.55	94	29.79
		95	29.31	95	29.08
9.	3			1:57.30	538
	-	94	29.97	94	29.69
		94	28.51	94	29.13
10.	1			1:59.93	503
	•	94	28.95	94	31.18
		95	29.02	95	30.78
11.	1			2:04.79	447
	'	96	29.86	96	771
		96	32.03	94	
80	4			. .	
SQ	1	94	28.06	95	29.02
		86	28.09	96	28.03
		50	20.00	30	20.00





101 , 50m 07 10 2010

·	22.76	(TUR)	11.12.200
: FINA 2010			
1.	1992	26.41	627 A
2.	1988	27.03	585 A
3.	1989	27.06	583 A
4.	1990	27.24	571 A
5.	1992	27.37	563 A
6.	1993	27.63	547 A
7.	1987	27.78	539 R
8.	1991	27.82	536 R
9.	1990	27.94	529
10.	1989	27.95	529
11.	1994	27.99	527
12.	1992	28.10	520
13.	1990	28.18	516
14.	1990	28.35	507
15.	1995	28.36	506
16.	1993	28.44	502
17.	1993	28.65	491
18.	1983	28.71	488
19.	1991	28.74	486
20.	1990	28.85	481
21.	1994	29.42	453
22.	1993	29.83	435
23.	1993	29.87	433
20.	1992	29.87	433
25.	1996 1	30.01	427
26.	1994 1	30.05	425
27.	1995 1	30.29	425
28.	1986	30.30	415
29.	1994	30.36	413
30.	1993 1	30.67	400
31.	1995 1	30.68	400
31.			
	1988 1	30.68	400



33.

34.

35.

36.

EXH



1995

1993

1997 1

1997 1

1997 2

30.78 ||

31.09 ||

31.20 ||

35.34 |||

36.25

396

384

380

261

242

102 , 50m

07.10.2010	, 00		
	26.38		12.12.2009
: FINA 2010			
1.	1990	29.85	638 A
2.	1992	29.93	633 A
3.	1988	30.35	607 A
4.	1994	30.85	578 A
5.	1994	30.89	575 A
6.	1996	30.96	572 A
7.	1989	30.98	570 R
8.	1994	31.12	563 R
9.	1997	31.67	534
10.	1989	31.77	529
11.	1996	31.99	518
12.	1994	32.16	510
13.	1994	32.26	505
14.	1993	32.35	501
15.	1996	32.43	497
16.	1995	32.45	496
17.	1996	32.61	489
18.	1995	32.78	481
19.	1997	32.81	480
20.	1996	32.84	479 475
21.	1994	32.93	475 465
22. 23.	1994 1 1991	33.15 33.19	465 464
23. 24.	1996 1	33.23	464 462
24. 25.	1994	33.24	462
26.	1996 1	33.30	459
20. 27.	1997 1	33.78	440
28.	1997 1	33.79	439
29.	1995	33.90	435
30.	1997 1	34.18	425
31.	1997 1	34.21	423
32.	1992	34.29	421
33.	1998 1	34.72	405
34.	1998 1	34.78	403
35.	1994	35.20 II	389
36.	1997 1	35.30	385
37.	1997 1	35.32	385
38.	1998 1	35.73	372
39.	1997 1	36.00 II	363
40.	1995	36.26 II	356
41.	1995 1	36.29	355
42.	1998 1	37.87	312
43.	1997 1	37.99	309





103 , 400m 07.10.2010

01.10.2	510												
				3:35.75						(TL	JR)	10	.12.2009
: FINA 2	2010												
1.					1992					4:	00.60	691	
	50m:	28.47	28.47	150m:		30.62	250m:	2:31.13	30.50	350m:	3:31.22	30.06	
	100m:	59.38	30.91	200m:	2:00.63	30.63	300m:	3:01.16	30.03	400m:	4:00.60	29.38	
2.					1990					4.	04.94	655	
۷.	50m:	28.17	28.17	150m:	1:31.12	31.87	250m:	2:32.40	31.01	350m:	3:35.27	31.11	
	100m:	59.25	31.08	200m:	2:01.39	30.27	300m:	3:04.16	31.76	400m:	4:04.94	29.67	
3.					1992						05.22	653	
	50m:	28.42	28.42	150m:		31.56	250m:	2:32.69	30.31	350m:	3:34.85	30.66	
	100m:	59.63	31.21	200m:	2:02.38	31.19	300m:	3:04.19	31.50	400m:	4:05.22	30.37	
4.					1991					4:	07.51	635	
	50m:	27.96	27.96	150m:	1:27.18	29.94	250m:	2:28.95	31.20	350m:	3:34.08	33.18	
	100m:	57.24	29.28	200m:	1:57.75	30.57	300m:	3:00.90	31.95	400m:	4:07.51	33.43	
_					4004						00 50	007	
5.	5 0	07.04	07.04	450	1991	04.50	050	0.00.00	00.00		08.59	627	
	50m:	27.31	27.31	150m:	1:28.43	31.52	250m:	2:32.69	32.32	350m:	4:08.59	1:03.40	
	100m:	56.91	29.60	200m:	2:00.37	31.94	300m:	3:05.19	32.50	400m:	4:08.59		
6.					1995					4:	08.92	624	
	50m:	28.15	28.15	150m:		31.83	250m:	2:35.63	32.33	350m:	3:39.88	31.84	
	100m:	58.66	30.51	200m:	2:03.30	32.81	300m:	3:08.04	32.41	400m:	4:08.92	29.04	
7					4000					4.	40.00	C4.4	
7.	F0	20.74	20.74	15000	1992	24.07	250~	0.26.02	24.44		10.28	614	
	50m: 100m:	29.74 1:01.92	29.74 32.18	150m:	1:33.79 2:05.48	31.87 31.69	250m: 300m:	2:36.92 3:08.27	31.44 31.35	350m: 400m:	3:40.01 4:10.28	31.74 30.27	
	100111.	1.01.92	32.10	200111.		31.09	300111.	3.00.21	31.33				
8.					1995					4:	10.41	613	
	50m:	29.19	29.19	150m:	1:32.24	31.70	250m:	2:35.72	31.76	350m:	3:39.49	31.71	
	100m:	1:00.54	31.35	200m:	2:03.96	31.72	300m:	3:07.78	32.06	400m:	4:10.41	30.92	
9.					1996					4.	10.45	613	
٥.	50m:	29.22	29.22	150m:	1:32.67	32.23	250m:	2:36.88	32.10	350m:	3:40.49	31.67	
	100m:	1:00.44	31.22	200m:	2:04.78	32.23	300m:	3:08.82	31.94	400m:	4:10.45	29.96	
			•										
10.					1988						10.66	611	
	50m:	29.23	29.23	150m:	1:31.92	31.60	250m:	2:35.32	31.67	350m:	3:39.81	32.37	
	100m:	1:00.32	31.09	200m:	2:03.65	31.73	300m:	3:07.44	32.12	400m:	4:10.66	30.85	
11.					1992					4:	12.69	596	
	50m:	29.07	29.07	150m:	1:32.58	32.30	250m:	2:36.61	32.00		3:41.91	32.56	
	100m:	1:00.28	31.21		2:04.61	32.03	300m:	3:09.35	32.74	400m:	4:12.69	30.78	
40					4004						4400	507	
12.	5 0	00.00	00.00	450	1991	04.07	050	0.07.07	04.40		14.08	587	
	50m:	29.39	29.39	150m:	1:32.94	31.97	250m:	2:37.07	31.40	350m:	3:41.10	32.31	
	100m:	1:00.97	31.58	200m:	2:05.67	32.73	300m:	3:08.79	31.72	400m:	4:14.08	32.98	
13.					1993					4:	14.19	586	
	50m:	28.72	28.72	150m:	1:33.07	32.11	250m:	2:37.42	31.89	350m:	3:42.39	32.43	
	100m:	1:00.96	32.24	200m:	2:05.53	32.46	300m:	3:09.96	32.54	400m:	4:14.19	31.80	
14.					1989					٨.	16.31	572	
1→.	50m:	28.54	28.54	150m:	1:32.26	32.06	250m:	2:37.38	32.53	350m:	3:43.71	32.97	
	100m:	1:00.20	31.66	200m:		32.59	300m:	3:10.74	33.36	400m:	4:16.31	32.60	
						00			23.00			00	





	103	,	, 400m	1		,						
15.	50m: 100m:	28.85 1:00.40	28.85 31.55	150m: 200m:	1992 1:32.66 2:05.65	32.26 32.99	250m: 300m:	2:38.29 3:11.34	32.64 33.05	4: ′ 350m: 400m:	18.16 I 3:44.78 4:18.16	559 33.44 33.38
16.	50m: 100m:	29.23 1:01.72	29.23 32.49	150m: 200m:	1992 1:34.11 2:06.56	32.39 32.45	250m: 300m:	2:39.78 3:13.03	33.22 33.25	4: ′ 350m: 400m:	18.22 3:46.34 4:18.22	559 33.31 31.88
17.	50m: 100m:	30.03 1:02.23	30.03 32.20	150m: 200m:	1994 1:35.30 2:08.29	33.07 32.99	250m: 300m:	2:41.49 3:15.19	33.20 33.70	4: ′ 350m: 400m:	19.47 I 3:49.00 4:19.47	551 33.81 30.47
18.	50m: 100m:	29.22 1:01.07	29.22 31.85	150m: 200m:	1995 1:33.36 2:06.27	32.29 32.91	250m: 300m:	2:39.70 3:13.76	33.43 34.06	4: ′ 350m: 400m:	19.65 I 3:47.79 4:19.65	550 34.03 31.86
19.	50m: 100m:	31.02 1:03.88	31.02 32.86	150m: 200m:	1993 1:37.12 2:10.69	33.24 33.57	250m: 300m:	2:43.90 3:16.87	33.21 32.97	4:2 350m: 400m:	21.20 I 3:49.44 4:21.20	540 32.57 31.76
20.	50m: 100m:	29.41 1:01.50	29.41 32.09	150m: 200m:	1994 1:35.13 2:08.75	33.63 33.62	250m: 300m:	2:41.00 3:14.23	32.25 33.23	4:2 350m: 400m:	21.40 I 3:48.88 4:21.40	539 34.65 32.52
21.	50m: 100m:	29.43 1:01.96	29.43 32.53	150m: 200m:	1994 1 1:34.82 2:08.30	32.86 33.48	250m: 300m:	2:42.64 3:16.72	34.34 34.08	4:2 350m: 400m:	23.70 I 3:50.91 4:23.70	525 34.19 32.79
22.	50m: 100m:	31.32 1:04.61	31.32 33.29	150m: 200m:	1993 1:37.71 2:12.20	33.10 34.49	250m: 300m:	2:46.49 3:20.69	34.29 34.20	4:2 350m: 400m:	25.25 3:54.90 4:25.25	516 34.21 30.35
23.	50m: 100m:	29.74 1:02.98	29.74 33.24	150m: 200m:	1994 1 1:36.96 2:10.89	33.98 33.93	250m: 300m:	2:45.13 3:19.89	34.24 34.76	4:2 350m: 400m:	25.69 I 3:53.94 4:25.69	513 34.05 31.75
24.	50m: 100m:	29.91 1:03.65	29.91 33.74	150m: 200m:	1996 1 1:37.71 2:11.81	34.06 34.10	250m: 300m:	2:45.99 3:20.82	34.18 34.83	4:2 350m: 400m:	25.86 3:54.33 4:25.86	512 33.51 31.53
25.	50m: 100m:	31.22 1:02.61	31.22 31.39	150m: 200m:	1995 1 1:36.13 2:10.18	33.52 34.05	250m: 300m:	2:43.82 3:18.24	33.64 34.42	4:2 350m: 400m:	27.35 3:52.61 4:27.35	504 34.37 34.74
26.	50m: 100m:	30.43 1:03.70	30.43 33.27	150m: 200m:	1995 1:38.05 2:12.55	34.35 34.50	250m: 300m:	2:47.29 3:22.14	34.74 34.85	4:3 350m: 400m:	31.03 I 3:57.41 4:31.03	483 35.27 33.62
27.	50m: 100m:	31.40 1:06.40	31.40 35.00		1990 1:40.36 2:14.69	33.96 34.33	250m: 300m:	2:49.68 3:24.31	34.99 34.63	4:3 350m: 400m:	31.82 I 3:58.00 4:31.82	479 33.69 33.82
28.	50m: 100m:	31.84 1:05.81	31.84 33.97	150m: 200m:	1995 1:40.21 2:14.30	34.40 34.09	250m: 300m:	2:48.71 3:23.33	34.41 34.62	4:3 350m: 400m:	32.07 I 3:58.03 4:32.07	478 34.70 34.04
29.	50m: 100m:	30.32 1:04.17	30.32 33.85	150m: 200m:	1996 1 1:38.95 2:13.81	34.78 34.86	250m: 300m:	2:49.06 3:24.09	35.25 35.03	4:3 350m: 400m:	33.98 I 3:59.46 4:33.98	468 35.37 34.52





					,	6 - 9		2010 .				
	103,	1	, 400m	l		,						
30.					1993					4:	35.22	462
	50m:	31.57	31.57	150m:	1:41.11	34.96	250m:	2:50.77	34.27	350m:	4:00.83	35.58
	100m:	1:06.15	34.58	200m:	2:16.50	35.39	300m:	3:25.25	34.48	400m:	4:35.22	34.39
31.					1994 1					4:	35.80 II	459
	50m:	30.35	30.35	150m:	1:37.74	34.19	250m:	2:48.78	35.59	350m:	4:01.52	36.32
	100m:	1:03.55	33.20	200m:	2:13.19	35.45	300m:	3:25.20	36.42	400m:	4:35.80	34.28
32.					1994 1					4:	36.62 II	455
33.					1995 1					4:	36.89	453
	50m: 100m:	29.95 1:02.89	29.95 32.94	150m: 200m:	1:36.89 2:12.33	34.00 35.44	250m: 300m:	2:48.07 3:23.31	35.74 35.24	350m: 400m:	4:00.43 4:36.89	37.12 36.46
	100111.	1.02.09	32.94	200111.		33.44	300111.	3.23.31	33.24			
34.					1993 1						39.18	442
	50m: 100m:	29.56 1:03.37	29.56 33.81	150m: 200m:	1:38.34 2:14.90	34.97 36.56	250m: 300m:	2:51.30 3:27.85	36.40 36.55	350m: 400m:	4:04.55 4:39.18	36.70 34.63
	100111.	1.05.57	33.01	200111.		30.30	300111.	5.27.05	30.33			
35.	50	00.40	00.40	450	1996 1	07.04	050	0.50.00	07.00		47.86 II	403
	50m: 100m:	32.19 1:07.61	32.19 35.42	150m: 200m:	1:44.92 2:22.10	37.31 37.18	250m: 300m:	2:59.38 3:37.31	37.28 37.93	350m: 400m:	4:14.38 4:47.86	37.07 33.48
	100111.	1.07.01	00.12	200111.		07.10	000111.	0.07.01	07.00			
36.	50m:	21.07	24.07	150m:	1997 1	20.92	250m:	2.00 10	20.56		06.41	334
	50m: 100m:	31.87 1:08.99	31.87 37.12	150m: 200m:	1:48.81 2:28.54	39.82 39.73	250m: 300m:	3:08.10 3:47.98	39.56 39.88	350m: 400m:	4:28.31 5:06.41	40.33 38.10
ΓVU					1997 2					E .	09.00	326
EXH												
	50m:	32.88	32.88	150m:		38.81	250m:	3:08.27	39.89			
	50m: 100m:	32.88 1:09.55	32.88 36.67	150m: 200m:	1:48.36 2:28.38	38.81 40.02	250m: 300m:	3:08.27 3:49.00	39.89 40.73	350m: 400m:	4:30.31 5:09.00	41.31 38.69
	100m:				1:48.36	40.02	300m:			350m:	4:30.31	41.31
	100m: 104				1:48.36		300m:			350m:	4:30.31	41.31
	100m: 104			200m:	1:48.36	40.02	300m:			350m:	4:30.31	41.31 38.69
	100m: 104 010				1:48.36	40.02	300m:			350m:	4:30.31	41.31
7.10.2	100m: 104 010			200m:	1:48.36 2:28.38	40.02	300m:			350m: 400m:	4:30.31 5:09.00	41.31 38.69 15.11.2
7.10.2	100m: 104 010			200m:	1:48.36	40.02	300m:			350m: 400m:	4:30.31	41.31 38.69
7.10.2	100m: 104 010	1:09.55	36.67	200m: 4:31.13	1:48.36 2:28.38	, 40	300m: 0m	3:49.00	40.73	350m: 400m: 4:	4:30.31 5:09.00	41.31 38.69 15.11.2
7.10.2 : FINA 2 1.	100m: 104 010 2010	1:09.55	36.67	200m: 4:31.13	1:48.36 2:28.38 1994 1:43.08 2:20.39	40.02 , 400 37.49	300m: 0m 250m:	3:49.00 3:01.63	40.73	350m: 400m: 4: 350m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74	41.31 38.69 15.11.2 709 34.70 34.06
7.10.2	100m: 104 010 2010	1:09.55	36.67	200m: 4:31.13	1:48.36 2:28.38 1994 1:43.08	40.02 , 400 37.49	300m: 0m 250m:	3:49.00 3:01.63	40.73	350m: 400m: 4: 350m: 400m:	4:30.31 5:09.00 52.74 4:18.68	41.31 38.69 15.11.2 709 34.70
7.10.2 : FINA 2 1.	100m: 104 010 2010 50m: 100m:	31.27 1:05.59	36.67 31.27 34.32	200m: 4:31.13 150m: 200m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1989	40.02 , 40 37.49 37.31	300m: 0m 250m: 300m:	3:49.00 3:01.63 3:43.98	41.24 42.35	350m: 400m: 4: 350m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36	41.31 38.69 15.11.2 709 34.70 34.06 630
7.10.2 : FINA 2 1. 2.	100m: 104 010 2010 50m: 100m:	31.27 1:05.59 31.51	36.67 31.27 34.32 31.51	200m: 4:31.13 150m: 200m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1989 1:46.08 2:25.35	40.02 , 40 37.49 37.31 38.81	300m: 0m 250m: 300m:	3:49.00 3:01.63 3:43.98 3:08.35	41.24 42.35 43.00	350m: 400m: 4: 350m: 400m: 5: 350m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29 5:04.36	41.31 38.69 15.11.2 709 34.70 34.06 630 36.57 35.07
7.10.2 : FINA 2 1.	100m: 104 010 2010 50m: 100m:	31.27 1:05.59 31.51	36.67 31.27 34.32 31.51	200m: 4:31.13 150m: 200m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1989 1:46.08	40.02 , 40 37.49 37.31 38.81	300m: 0m 250m: 300m:	3:49.00 3:01.63 3:43.98 3:08.35 3:52.72 3:13.56	41.24 42.35 43.00	350m: 400m: 4: 350m: 400m: 5: 350m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29	41.31 38.69 15.11.2 709 34.70 34.06 630 36.57
7.10.2 : FINA 2 1. 2.	100m: 104 010 2010 50m: 100m:	31.27 1:05.59 31.51 1:07.27	31.27 34.32 31.51 35.76	200m: 4:31.13 150m: 200m: 150m: 200m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1989 1:46.08 2:25.35 1992	37.49 37.31 38.81 39.27	300m: 0m 250m: 300m: 250m: 300m:	3:49.00 3:01.63 3:43.98 3:08.35 3:52.72	41.24 42.35 43.00 44.37	350m: 400m: 4: 350m: 400m: 5: 350m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29 5:04.36 09.64	41.31 38.69 15.11.2 709 34.70 34.06 630 36.57 35.07 599
7.10.2 : FINA : 1. 2. 3.	100m: 104 010 2010 50m: 100m: 50m: 50m:	31.27 1:05.59 31.51 1:07.27	31.27 34.32 31.51 35.76	200m: 4:31.13 150m: 200m: 150m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1:46.08 2:25.35 1992 1:51.52 2:31.16	37.49 37.31 38.81 39.27 39.65	300m: 0m 250m: 300m: 250m: 250m:	3:49.00 3:01.63 3:43.98 3:08.35 3:52.72 3:13.56	41.24 42.35 43.00 44.37 42.40	350m: 400m: 4: 350m: 400m: 5: 350m: 400m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29 5:04.36 09.64 4:34.05 5:09.64	709 34.70 34.06 630 36.57 35.07 599 37.76 35.59
7.10.2 : FINA 2 1. 2.	100m: 104 010 2010 50m: 100m: 50m: 100m:	31.27 1:05.59 31.51 1:07.27 32.64 1:11.87	31.27 34.32 31.51 35.76 32.64 39.23	200m: 4:31.13 150m: 200m: 150m: 200m: 150m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1:46.08 2:25.35 1992 1:51.52 2:31.16 1996 1:51.12	37.49 37.31 38.81 39.27 39.65 39.64	300m: 0m 250m: 300m: 250m: 300m: 250m: 300m:	3:49.00 3:01.63 3:43.98 3:08.35 3:52.72 3:13.56 3:56.29 3:14.97	41.24 42.35 43.00 44.37 42.40 42.73	350m: 400m: 4: 350m: 400m: 5: 350m: 400m: 5: 350m: 400m: 5: 350m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29 5:04.36 09.64 4:34.05 5:09.64 10.35 4:35.67	41.31 38.69 15.11.2 709 34.70 34.06 630 36.57 35.07 599 37.76 35.59 595 36.18
7.10.2 : FINA : 1. 2. 3.	100m: 104 010 2010 50m: 100m: 50m: 100m:	31.27 1:05.59 31.51 1:07.27 32.64 1:11.87	31.27 34.32 31.51 35.76 32.64 39.23	200m: 4:31.13 150m: 200m: 150m: 200m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1989 1:46.08 2:25.35 1992 1:51.52 2:31.16 1996	37.49 37.31 38.81 39.27 39.65 39.64	300m: 0m 250m: 300m: 250m: 300m: 250m: 300m:	3:49.00 3:01.63 3:43.98 3:08.35 3:52.72 3:13.56 3:56.29	41.24 42.35 43.00 44.37 42.40 42.73	350m: 400m: 4: 350m: 400m: 5: 350m: 400m: 400m: 5: 350m: 400m: 400m: 5: 350m: 5:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29 5:04.36 09.64 4:34.05 5:09.64 10.35	709 34.70 34.06 630 36.57 35.07 599 37.76 35.59 595
7.10.2 : FINA: 1. 2. 3.	100m: 104 010 2010 50m: 100m: 50m: 100m:	31.27 1:05.59 31.51 1:07.27 32.64 1:11.87	31.27 34.32 31.51 35.76 32.64 39.23	200m: 4:31.13 150m: 200m: 150m: 200m: 150m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1:46.08 2:25.35 1992 1:51.52 2:31.16 1996 1:51.12	37.49 37.31 38.81 39.27 39.65 39.64	300m: 0m 250m: 300m: 250m: 300m: 250m: 300m:	3:49.00 3:01.63 3:43.98 3:08.35 3:52.72 3:13.56 3:56.29 3:14.97	41.24 42.35 43.00 44.37 42.40 42.73	350m: 400m: 4: 350m: 400m: 5: 350m: 400m: 5: 350m: 400m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29 5:04.36 09.64 4:34.05 5:09.64 10.35 4:35.67	41.31 38.69 15.11.2 709 34.70 34.06 630 36.57 35.07 599 37.76 35.59 595 36.18
7.10.20 : FINA: 1. 2. 3.	100m: 104 010 2010 50m: 100m: 50m: 100m:	31.27 1:05.59 31.51 1:07.27 32.64 1:11.87	31.27 34.32 31.51 35.76 32.64 39.23	200m: 4:31.13 150m: 200m: 150m: 200m: 150m:	1:48.36 2:28.38 1994 1:43.08 2:20.39 1:46.08 2:25.35 1992 1:51.52 2:31.16 1996 1:51.12 2:31.43	37.49 37.31 38.81 39.27 39.65 39.64	300m: 0m 250m: 300m: 250m: 300m: 250m: 300m:	3:49.00 3:01.63 3:43.98 3:08.35 3:52.72 3:13.56 3:56.29 3:14.97	41.24 42.35 43.00 44.37 42.40 42.73	350m: 400m: 4: 350m: 400m: 5: 350m: 400m: 5: 350m: 400m: 400m:	4:30.31 5:09.00 52.74 4:18.68 4:52.74 04.36 4:29.29 5:04.36 09.64 4:34.05 5:09.64 10.35 4:35.67 5:10.35	41.31 38.69 709 34.70 34.06 630 36.57 35.07 599 37.76 35.59 595 36.18 34.68





	104	1	, 400r	n	,							
6.	50m: 100m:	32.73 1:11.35	32.73 38.62	150m: 200m:	1995 1:53.09 2:34.06	41.74 40.97	250m: 300m:	3:18.17 4:03.53	44.11 45.36	5:1 350m: 400m:	3.97 4:40.03 5:13.97	574 36.50 33.94
7.	50m: 100m:	32.33 1:11.49	32.33 39.16	150m: 200m:	1993 1:53.63 2:34.42	42.14 40.79	250m: 300m:	3:18.71 4:03.10	44.29 44.39	5:1 350m: 400m:	5.05 4:40.19 5:15.05	568 37.09 34.86
8.	50m: 100m:	32.77 1:10.41	32.77 37.64	150m: 200m:	1995 1:52.19 2:33.17	41.78 40.98	250m: 300m:	3:17.13 4:01.72	43.96 44.59	5:1 350m: 400m:	6.43 4:38.97 5:16.43	561 37.25 37.46
9.	50m: 100m:	33.28 1:12.65	33.28 39.37	150m: 200m:	1994 1:55.70 2:37.13	43.05 41.43	250m: 300m:	3:23.74 4:10.73	46.61 46.99	5:2 350m: 400m:	24.20 I 4:48.12 5:24.20	522 37.39 36.08
10.	50m: 100m:	33.20 1:11.80	33.20 38.60	150m: 200m:	1996 1 1:54.92 2:37.31	43.12 42.39	250m: 300m:	3:24.47 4:12.25	47.16 47.78	5:2 350m: 400m:	25.37 I 4:49.89 5:25.37	516 37.64 35.48
11.	50m: 100m:	33.68 1:12.91	33.68 39.23	150m: 200m:	1995 1:53.60 2:34.64	40.69 41.04	250m: 300m:	3:21.56 4:09.54	46.92 47.98	5:2 350m: 400m:	28.36 I 4:49.96 5:28.36	502 40.42 38.40
12.	50m: 100m:	34.88 1:14.37	34.88 39.49	200m: 250m:	1996 1 2:52.22 3:27.16	1:37.85 34.94	300m: 350m:	4:18.07 4:52.07	50.91 34.00	5:2 400m:	2 8.48 I 5:28.48	501 36.41
13.	50m: 100m:	36.61 1:17.94	36.61 41.33	150m: 200m:	1996 1 2:00.03 2:42.25	42.09 42.22	250m: 300m:	3:28.89 4:15.95	46.64 47.06	5:3 350m: 400m:	31.71 4:54.04	487 38.09 37.67
14.	50m: 100m:	36.58 1:18.76	36.58 42.18	150m: 200m:	1996 1 2:01.88 2:44.71	43.12 42.83	250m: 300m:	3:32.15 4:20.07	47.44 47.92	5:3 350m: 400m:	35.63 I 4:58.00 5:35.63	470 37.93 37.63
15.	50m: 100m:	34.04 1:14.40	34.04 40.36	150m: 200m:	1994 1:59.55 2:42.31	45.15 42.76	250m: 300m:	3:30.48 4:19.68	48.17 49.20	5:3 350m: 400m:	86.55 I 4:59.39 5:36.55	466 39.71 37.16
16. 17.	50m: 100m:	36.59 1:18.51	36.59 41.92	150m: 200m:	1996 1 1997 2:00.81 2:43.13	42.30 42.32	250m: 300m:	3:32.99 4:23.81	49.86 50.82		86.97 I 87.96 I 5:01.96 5:37.96	464 460 38.15 36.00
18.	50m: 100m:	36.01 1:19.88	36.01 43.87	150m: 200m:	1997 1 2:04.52 2:48.43	44.64 43.91	250m: 300m:	3:38.41 4:29.97	49.98 51.56	5:5 350m: 400m:	50.98 II 5:10.26 5:50.98	411 40.29 40.72
19.	50m: 100m:	39.82 1:26.51	39.82 46.69	150m: 200m:	1998 1 2:15.09 3:04.32	48.58 49.23	250m: 300m:	3:56.52 4:49.87	52.20 53.35	6:1 350m: 400m:	5.40 II 5:33.91 6:15.40	336 44.04 41.49
DSQ					1996							





105 , 400m

07.10.2010		
	A:04 51	25.01.2006

				4.04.51								20.
: FINA 2	2010											
1.					1989						29.33	683
	50m: 100m:	27.82 59.07	27.82 31.25	150m: 200m:	1:33.31 2:07.47	34.24 34.16	250m: 300m:	2:46.41 3:25.98	38.94 39.57	350m: 400m:	3:59.18 4:29.33	33.20 30.15
2.	50m:	31.28	31.28	150m:	1993 1:38.54	35.34	250m:	2:50.67	37.26	4: 350m:	30.04 3:59.99	678 31.28
	100m:	1:03.20	31.92	200m:	2:13.41	34.87	300m:	3:28.71	38.04	400m:	4:30.04	30.05
3.	50m:	28.21	28.21	150m:	1992 1:34.44	33.93	250m:	2:47.05	38.99	4: 350m:	30.24 3:59.50	676 32.71
	100m:	1:00.51	32.30	200m:	2:08.06	33.62	300m:	3:26.79	39.74	400m:	4:30.24	30.74
4.	50	00.40	00.40	450	1992	04.00	050	0.50.50	40.40		34.40	646
	50m: 100m:	29.10 1:01.36	29.10 32.26	150m: 200m:	1:36.16 2:10.06	34.80 33.90	250m: 300m:	2:50.52 3:31.33	40.46 40.81	350m: 400m:	4:03.25 4:34.40	31.92 31.15
5.	50	00.47	00.47	450	1993	00.40	050	0.50.70	07.00		35.45	639
	50m: 100m:	29.17 1:03.63	29.17 34.46	150m: 200m:	1:39.73 2:16.07	36.10 36.34	250m: 300m:	2:53.76 3:32.05	37.69 38.29	350m: 400m:	4:03.96 4:35.45	31.91 31.49
6.	50	00.50	00.50	450	1992	05.00	050	0.50.45	00.00		35.47	639
	50m: 100m:	28.58 1:01.74	28.58 33.16	150m: 200m:	1:37.36 2:12.17	35.62 34.81	250m: 300m:	2:52.15 3:32.86	39.98 40.71	350m: 400m:	4:04.69 4:35.47	31.83 30.78
7.	50	00.04	00.04	450	1993	00.50	050	0.55.07	00.05		39.12	614
	50m: 100m:	30.31 1:05.44	30.31 35.13	150m: 200m:	1:41.96 2:17.42	36.52 35.46	250m: 300m:	2:55.67 3:34.43	38.25 38.76	350m: 400m:	4:07.98 4:39.12	33.55 31.14
8.					1992					4:	39.29	613
	50m:	29.49	29.49	150m:	1:42.12	38.09	250m:	2:57.27	38.95	350m:	4:08.76	32.61
0	100m:	1:04.03	34.54	200m:	2:18.32	36.20	300m:	3:36.15	38.88	400m:	4:39.29	30.53
9.	50m:	31.02	31.02	150m:	1996 1 1:41.54	36.04	250m:	2:58.21	40.46	4: 4	43.29 4:11.39	587 32.56
	100m:	1:05.50	34.48	200m:	2:17.75	36.21	300m:	3:38.83	40.62	400m:	4:43.29	31.90
10.	50m:	30.38	30.38	150m:	1994 1:44.20	37.93	250m:	2:59.83	38.64	4: 4 350m:	46.59 4:15.14	567 34.37
	100m:	1:06.27	35.89	200m:	2:21.19	36.99	300m:	3:40.77	40.94	400m:	4:46.59	31.45
11.	F0;;;	20.07	20.07	15000	1995 1	27.42	250~	2.02.05	44.07		50.42	545
	50m: 100m:	30.87 1:05.65	30.87 34.78	150m: 200m:	1:43.08 2:20.18	37.43 37.10	250m: 300m:	3:02.05 3:43.97	41.87 41.92	350m: 400m:	4:17.02 4:50.42	33.05 33.40
12.					1994						52.56	533
	50m: 100m:	30.86 1:06.50	30.86 35.64	150m: 200m:	1:45.54 2:21.45	39.04 35.91	250m: 300m:	3:03.03 3:44.47	41.58 41.44	350m: 400m:	4:20.30 4:52.56	35.83 32.26
13.					1996 1					4:	59.43	497
	50m: 100m:	31.34 1:07.75	31.34 36.41	150m: 200m:	1:46.45 2:24.53	38.70 38.08	250m: 300m:	3:05.74 3:48.36	41.21 42.62	350m: 400m:	4:24.14 4:59.43	35.78 35.29
14.		04.55	04.55	450	1994	40	050	0.05.55	10.55		02.98	480
	50m: 100m:	31.09 1:07.00	31.09 35.91	150m: 200m:	1:47.11 2:25.80	40.11 38.69	250m: 300m:	3:08.09 3:51.74	42.29 43.65	350m: 400m:	4:28.15 5:02.98	36.41 34.83





6 - 9 2010

					,	6 - 9		2010 .				
	105	,	, 400m		,							
15.					1996 1					5:	06.76 I	462
	50m:	32.27	32.27	150m:	1:50.66	40.30	250m:	3:11.17	40.21	350m:	4:30.63	37.36
	100m:	1:10.36	38.09	200m:	2:30.96	40.30	300m:	3:53.27	42.10	400m:	5:06.76	36.13
16.					1992					5:	07.79	458
	50m:	31.99	31.99	150m:	1:52.03	43.42	250m:	3:14.28	39.04	350m:	4:32.63	37.38
	100m:	1:08.61	36.62	200m:	2:35.24	43.21	300m:	3:55.25	40.97	400m:	5:07.79	35.16
17.					1996 1					5:	09.06	452
	50m:	32.65	32.65	150m:	1:53.05	41.61	250m:	3:14.46	40.39	350m:	4:33.98	37.35
	100m:	1:11.44	38.79	200m:	2:34.07	41.02	300m:	3:56.63	42.17	400m:	5:09.06	35.08
18.					1994					5:	09.36	451
	50m:	30.89	30.89	150m:	1:47.58	39.49	250m:	3:11.95	43.95	350m:	4:33.99	37.43
	100m:	1:08.09	37.20	200m:	2:28.00	40.42	300m:	3:56.56	44.61	400m:	5:09.36	35.37
19.					1996 1					5:	15.98	423
	50m:	32.56	32.56	150m:	1:54.05	42.92	250m:	3:18.76	43.38	350m:	4:40.86	38.98
	100m:	1:11.13	38.57	200m:	2:35.38	41.33	300m:	4:01.88	43.12	400m:	5:15.98	35.12
DSQ					1994							
EXH					1997 2					5:	46.83	320
	50m:	36.68	36.68	150m:	2:07.40	45.58	250m:	3:39.76	47.98	350m:	5:09.06	39.49
	100m:	1:21.82	45.14	200m:	2:51.78	44.38	300m:	4:29.57	49.81	400m:	5:46.83	37.77
	106					, 2	200m					
7.10.20	010											
				2:19.08						(H	UN)	14.12.200

				2:19.08						(HUN)	14.12.2007
: FINA 20)10										
1.					1991					2:31.77	697
	50m:	35.86	35.86	100m:	1:14.40	38.54	150m:	1:53.01	38.61	200m: 2:31.77	38.76
2.					1994					2:31.82	696
	50m:	35.59	35.59	100m:	1:14.34	38.75	150m:	1:53.26	38.92	200m: 2:31.82	38.56
3.					1986					2:32.75	683
	50m:	35.11	35.11	100m:	1:13.91	38.80	150m:	1:53.49	39.58	200m: 2:32.75	39.26
4.					1994					2:43.37	558
	50m:	37.71	37.71	100m:	1:19.26	41.55	150m:	2:01.38	42.12	200m: 2:43.37	41.99
5.					1995					2:46.35	529
	50m:	38.27	38.27	100m:	1:20.13	41.86	150m:	2:03.56	43.43	200m: 2:46.35	42.79
6.					1994					2:47.25	520
	50m:	38.28	38.28	100m:	1:20.29	42.01	150m:	2:03.46	43.17	200m: 2:47.25	43.79
7.					1994					2:48.24	511
	50m:	37.38	37.38	100m:	1:19.96	42.58	150m:	2:03.83	43.87	200m: 2:48.24	44.41
8.					1996					2:49.17	503
	50m:	38.49	38.49	100m:	1:22.15	43.66	150m:	2:05.53	43.38	200m: 2:49.17	43.64





					,							
	106,	j	, 200r	m	,							
9.					1998					2:	49.65 ∣	499
O.	50m:	37.40	37.40	100m:	1:20.55	43.15	150m:	2:05.70	45.15		2:49.65	43.95
10.					1996					2:	50.42	492
	50m:	37.28	37.28	100m:	1:19.93	42.65	150m:	2:04.92	44.99	200m:	2:50.42	45.50
11.					1997 1					2:	55.73	449
	50m:	40.24	40.24	100m:	1:24.94	44.70	150m:	2:10.10	45.16	200m:	2:55.73	45.63
12.					1998 1						56.18	445
	50m:	39.35	39.35	100m:	1:24.26	44.91	150m:	2:10.16	45.90	200m:	2:56.18	46.02
13.					1994						57.18	438
	50m:	1:22.29	1:22.29	100m:	2:08.90	46.61	150m:	2:57.18	48.28	200m:	2:57.18	
14.	50	44.50	44.50	400	1997 1	10.10	450	0.40.44	47.40		59.96 II	418
	50m:	41.52	41.52	100m:	1:24.98	43.46	150m:	2:12.14	47.16		2:59.96	47.82
15.	50	40.54	40.54	400	1998 1	40.00	450	0.45.04	40.44		03.13 II	396
	50m:	40.54	40.54	100m:	1:26.83	46.29	150m:	2:15.24	48.41	200m:	3:03.13	47.89
DSQ					1995							
	107					, 200r	n					
07.10.20	10											
				1:49.46								12.12.20

: FINA 2	2010										
1.	50m:	27.37	27.37	100m:	1992 58.89	31.52	150m:	1:31.61	32.72	2:04.18 200m: 2:04.18	678 32.57
2.	50m:	28.04	28.04	100m:	1989 59.35	31.31	150m:	1:31.76	32.41	2:05.60 200m: 2:05.60	655 33.84
3.	50m:	27.90	27.90	100m:	1988 59.63	31.73	150m:	1:32.16	32.53	2:06.08 200m: 2:06.08	648 33.92
4.	50m:	28.57	28.57	100m:	1993 59.77	31.20	150m:	1:32.70	32.93	2:06.82 200m: 2:06.82	636 34.12
5.	50m:	28.80	28.80	100m:	1993 1:00.61	31.81	150m:	1:34.25	33.64	2:08.86 200m: 2:08.86	607 34.61
6.	50m:	28.77	28.77	100m:	1993 1:01.79	33.02	150m:	1:35.49	33.70	2:11.54 200m: 2:11.54	570 36.05
7.	50m:	29.60	29.60	100m:	1992 1:03.01	33.41	150m:	1:36.84	33.83	2:12.37 I 200m: 2:12.37	560 35.53
8.	50m:	29.72	29.72	100m:	1991 1:04.37	34.65	150m:	1:40.02	35.65	2:15.34 I 200m: 2:15.34	523 35.32
9.	100m:	1:06.80	1:06.80	150m:	1994 1:41.01	34.21	200m:	2:16.27	35.26	2:16.27	513
10.	50m:	30.23	30.23	100m:	1994 1:04.82	34.59	150m:	1:40.98	36.16	2:18.54 I 200m: 2:18.54	488 37.56





					,	6 - 9		2010 .				
	107,	,	, 200m	1	,							
11.	50m:	30.71	30.71	100m:	1992 1:06.04	35.33	150m:	1:41.91	35.87	2: 200m:	19.00 I 2:19.00	483 37.09
12.	50m:	30.55	30.55	100m:	1993 1:05.33	34.78	150m:	1:41.87	36.54	2: 200m:	19.20 I 2:19.20	481 37.33
13.	50m:	30.80	30.80	100m:	1995 1:05.54	34.74	150m:	1:43.48	37.94		23.16 II 2:23.16	442 39.68
14.	50m:	30.61	30.61	100m:	1994 1:06.60	35.99	150m:	1:46.81	40.21	2: 200m:	26.29 II 2:26.29	414 39.48
15.	50m:	31.46	31.46	100m:	1994 1 1:07.59	36.13	150m:	1:46.93	39.34	2: 200m:	28.52 II 2:28.52	396 41.59
16.	100m:	1:12.87	1:12.87	150m:	1997 1 1:53.91	41.04	200m:	2:33.61	39.70	2:	33.61	358
7.10.20	108					, 800m						
7.10.2	010			8:11.99						(CH	N)	06.04.
: FINA 2	2010											
1.					1994						14.41	667
	50m:	31.47	31.47	250m:	2:49.96	35.23	450m:	5:09.86	34.80	650m:	7:30.82	35.56
	100m: 150m:	1:05.21 1:39.93	33.74 34.72	300m: 350m:	3:25.01 4:00.10	35.05 35.09	500m: 550m:	5:45.14 6:20.10	35.28 34.96	700m: 750m:	8:06.01 8:47.43	35.19 41.42
	200m:	2:14.73	34.72	400m:	4:35.06	34.96	600m:	6:55.26	35.16	800m:	9:14.41	26.98
2.					1995					Q -	25.00	630
۷.	50m:	32.80	32.80	250m:	2:53.62	35.60	450m:	5:16.01	35.31	650m:	7:37.85	35.19
	100m:	1:07.44	34.64	300m:	3:29.46	35.84	500m:	5:51.28	35.27	700m:	8:14.72	36.87
	150m:	1:42.67	35.23	350m:	4:05.31	35.85	550m:	6:27.67	36.39	750m:	8:49.29	34.57
	200m:	2:18.02	35.35	400m:	4:40.70	35.39	600m:	7:02.66	34.99	800m:	9:25.00	35.71
3.					1994					9::	28.85	617
	50m:	32.46	32.46	300m:	3:30.09	35.71	500m:	5:52.74	35.62	700m:	8:17.49	36.64
	50m: 150m:	32.46 1:42.51	32.46 1:10.05	300m: 350m:		35.71 35.68	500m: 550m:	5:52.74 6:28.64	35.62 35.90	700m: 750m:	8:17.49 8:53.50	36.01
	150m: 200m:	1:42.51 2:18.30	1:10.05 35.79	350m: 400m:	4:05.77 4:41.50	35.68 35.73	550m: 600m:	6:28.64 7:04.49	35.90 35.85			
	150m:	1:42.51	1:10.05	350m: 400m:	4:05.77	35.68	550m:	6:28.64	35.90	750m:	8:53.50	36.01
4.	150m: 200m:	1:42.51 2:18.30	1:10.05 35.79	350m: 400m:	4:05.77 4:41.50	35.68 35.73	550m: 600m:	6:28.64 7:04.49	35.90 35.85	750m: 800m:	8:53.50	36.01
4.	150m: 200m:	1:42.51 2:18.30	1:10.05 35.79	350m: 400m:	4:05.77 4:41.50 5:17.12	35.68 35.73	550m: 600m:	6:28.64 7:04.49	35.90 35.85	750m: 800m:	8:53.50 9:28.85	36.01 35.35
4.	150m: 200m: 250m:	1:42.51 2:18.30 2:54.38 32.30 1:07.08	1:10.05 35.79 36.08	350m: 400m: 450m:	4:05.77 4:41.50 5:17.12	35.68 35.73 35.62	550m: 600m: 650m:	6:28.64 7:04.49 7:40.85	35.90 35.85 36.36	750m: 800m: 9:	8:53.50 9:28.85 32.54	36.01 35.35 606 36.03 35.91
4.	150m: 200m: 250m: 50m: 100m: 150m:	1:42.51 2:18.30 2:54.38 32.30 1:07.08 1:42.90	1:10.05 35.79 36.08 32.30 34.78 35.82	350m: 400m: 450m: 250m: 300m: 350m:	4:05.77 4:41.50 5:17.12 1992 2:55.24 3:31.44 4:07.80	35.68 35.73 35.62 36.34 36.20 36.36	550m: 600m: 650m: 450m: 500m: 550m:	6:28.64 7:04.49 7:40.85 5:20.42 5:56.57 6:32.90	35.90 35.85 36.36 36.31 36.15 36.33	750m: 800m: 9: 650m: 700m: 750m:	8:53.50 9:28.85 32.54 7:45.27 8:21.18 8:57.09	36.01 35.35 606 36.03 35.91 35.91
4.	150m: 200m: 250m: 50m: 100m:	1:42.51 2:18.30 2:54.38 32.30 1:07.08	1:10.05 35.79 36.08 32.30 34.78	350m: 400m: 450m: 250m: 300m:	4:05.77 4:41.50 5:17.12 1992 2:55.24 3:31.44	35.68 35.73 35.62 36.34 36.20	550m: 600m: 650m: 450m: 500m:	6:28.64 7:04.49 7:40.85 5:20.42 5:56.57	35.90 35.85 36.36 36.31 36.15	750m: 800m: 9: 650m: 700m:	8:53.50 9:28.85 32.54 7:45.27 8:21.18	36.01 35.35 606 36.03 35.91
4. 5.	150m: 200m: 250m: 50m: 100m: 150m:	1:42.51 2:18.30 2:54.38 32.30 1:07.08 1:42.90	1:10.05 35.79 36.08 32.30 34.78 35.82	350m: 400m: 450m: 250m: 300m: 350m:	4:05.77 4:41.50 5:17.12 1992 2:55.24 3:31.44 4:07.80	35.68 35.73 35.62 36.34 36.20 36.36	550m: 600m: 650m: 450m: 500m: 550m:	6:28.64 7:04.49 7:40.85 5:20.42 5:56.57 6:32.90	35.90 35.85 36.36 36.31 36.15 36.33	750m: 800m: 9: 650m: 700m: 750m: 800m:	8:53.50 9:28.85 32.54 7:45.27 8:21.18 8:57.09	36.01 35.35 606 36.03 35.91 35.91
	150m: 200m: 250m: 50m: 100m: 150m:	1:42.51 2:18.30 2:54.38 32.30 1:07.08 1:42.90	1:10.05 35.79 36.08 32.30 34.78 35.82	350m: 400m: 450m: 250m: 300m: 350m:	4:05.77 4:41.50 5:17.12 1992 2:55.24 3:31.44 4:07.80 4:44.11	35.68 35.73 35.62 36.34 36.20 36.36	550m: 600m: 650m: 450m: 500m: 550m:	6:28.64 7:04.49 7:40.85 5:20.42 5:56.57 6:32.90	35.90 35.85 36.36 36.31 36.15 36.33	750m: 800m: 9: 650m: 700m: 750m: 800m:	8:53.50 9:28.85 32.54 7:45.27 8:21.18 8:57.09 9:32.54	36.01 35.35 606 36.03 35.91 35.91 35.45
	150m: 200m: 250m: 50m: 100m: 150m: 200m:	1:42.51 2:18.30 2:54.38 32.30 1:07.08 1:42.90 2:18.90	1:10.05 35.79 36.08 32.30 34.78 35.82 36.00	350m: 400m: 450m: 250m: 300m: 350m: 400m:	4:05.77 4:41.50 5:17.12 1992 2:55.24 3:31.44 4:07.80 4:44.11	35.68 35.73 35.62 36.34 36.20 36.36 36.31	550m: 600m: 650m: 450m: 500m: 550m: 600m:	6:28.64 7:04.49 7:40.85 5:20.42 5:56.57 6:32.90 7:09.24	35.90 35.85 36.36 36.31 36.15 36.33 36.34	750m: 800m: 9: 650m: 700m: 750m: 800m:	8:53.50 9:28.85 32.54 7:45.27 8:21.18 8:57.09 9:32.54 33.20	36.01 35.35 606 36.03 35.91 35.91 35.45 604
	150m: 200m: 250m: 50m: 100m: 150m: 200m:	1:42.51 2:18.30 2:54.38 32.30 1:07.08 1:42.90 2:18.90	1:10.05 35.79 36.08 32.30 34.78 35.82 36.00	350m: 400m: 450m: 250m: 300m: 350m: 400m:	4:05.77 4:41.50 5:17.12 1992 2:55.24 3:31.44 4:07.80 4:44.11 1996 2:50.46	35.68 35.73 35.62 36.34 36.20 36.36 36.31	550m: 600m: 650m: 450m: 500m: 550m: 600m:	6:28.64 7:04.49 7:40.85 5:20.42 5:56.57 6:32.90 7:09.24 5:15.04	35.90 35.85 36.36 36.31 36.15 36.33 36.34	750m: 800m: 9: 650m: 700m: 750m: 800m: 9: 650m:	8:53.50 9:28.85 32.54 7:45.27 8:21.18 8:57.09 9:32.54 33.20 7:42.56	36.01 35.35 606 36.03 35.91 35.91 35.45 604 36.68





					,							
	108	,	, 800ı	m		,						
6.					1996					9:	37.11	591
-	50m:	31.09	31.09	250m:	2:57.35	35.83	450m:	5:25.11	33.80	650m:	7:54.44	38.68
	100m:	1:08.78	37.69	300m:	3:34.36	37.01	500m:	6:01.70	36.59	700m:	8:27.95	33.51
	150m:	1:45.24	36.46	350m:	4:11.02	36.66	550m:	6:37.20	35.50	750m:	9:04.23	36.28
	200m:	2:21.52	36.28	400m:	4:51.31	40.29	600m:	7:15.76	38.56	800m:	9:37.11	32.88
7.					1994					9:	46. 0 1	565
	50m:	32.03	32.03	250m:	2:58.16	36.93	450m:	5:27.11	36.99	650m:	7:56.31	37.15
	100m:	1:07.61	35.58	300m:	3:35.41	37.25	500m:	6:05.05	37.94	700m:	8:33.32	37.01
	150m:	1:44.58	36.97	350m:	4:12.88	37.47	550m:	6:41.58	36.53	750m:	9:09.68	36.36
	200m:	2:21.23	36.65	400m:	4:50.12	37.24	600m:	7:19.16	37.58	800m:	9:46.01	36.33
8.					1994					9:	49.83 I	554
	50m:	1:09.45	1:09.45	250m:	3:37.31	37.59	450m:	6:06.30	37.30	650m:	8:36.93	37.35
	100m:	1:45.91	36.46	300m:	4:14.13	36.82	500m:	6:44.68	38.38	700m:	9:15.08	38.15
	150m:	2:23.08	37.17	350m:	4:51.63	37.50	550m:	7:22.64	37.96	750m:	9:49.83	34.75
	200m:	2:59.72	36.64	400m:	5:29.00	37.37	600m:	7:59.58	36.94	800m:	9:49.83	
9.					1995					9:	50.60	552
	50m:	33.24	33.24	250m:	3:00.42	36.99	450m:	5:29.41	37.36	650m:	8:00.72	38.15
	100m:	1:09.62	36.38	300m:	3:37.15	36.73	500m:	6:06.88	37.47	700m:	8:37.95	37.23
	150m:	1:46.38	36.76	350m:	4:14.53	37.38	550m:	6:44.61	37.73	750m:	9:15.46	37.51
	200m:	2:23.43	37.05	400m:	4:52.05	37.52	600m:	7:22.57	37.96	800m:	9:50.60	35.14
10.					1996					9:	57.68	532
11.					1997 1					10:	03.41	517
12.					1994						09.26	502
13.					1993						09.53	502
	50m:	34.50	34.50	250m:	3:05.23	38.59	450m:	5:39.97	38.79	650m:	8:15.36	38.78
	100m:	1:11.06	36.56	300m:	3:43.99	38.76	500m:	6:18.97	39.00	700m:	8:54.48	39.12
	150m: 200m:	1:48.64 2:26.64	37.58 38.00	350m: 400m:	4:22.64 5:01.18	38.65 38.54	550m: 600m:	6:57.69 7:36.58	38.72 38.89	750m: 800m:	9:34.95 10:09.53	40.47 34.58
14.					1994						09.58	502
										_		
15.					1996 1						41.77	430
16.					1998 1					10:	44.22	425
17.					1998 1					_	44.72	424
18.					1998 1						02.74	390
19.					1998 1					11:	17.60 II	365
DSQ					1998 2							
	101					, 50)m					
07.40.0						, 50	7111					
07.10.2	010											
				22.76						(TL	JR)	11.12.200

: FINA 2010





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, 50m	, 1992 1988 1989 1992 1990 1993	, 50m	26.38 26.56 26.86 27.33 27.52 27.66	629 616 596 566 554 546
26	1988 1989 1992 1990 1993	, 50m	26.56 26.86 27.33 27.52	616 596 566 554 546
26	1988 1989 1992 1990 1993	, 50m	26.56 26.86 27.33 27.52	616 596 566 554 546
26	1988 1989 1992 1990 1993	, 50m	26.56 26.86 27.33 27.52	616 596 566 554 546
26	1989 1992 1990 1993	, 50m	26.86 27.33 27.52	596 566 554 546
26	1992 1990 1993	, 50m	27.33 27.52	566 554 546
26	1990 1993	, 50m	27.52	554 546
26	1993	, 50m		546
26	5.38	, 50m	27.66	
26		, 50m		12.12.2
26		, 50m 		12.12.2
26				12.12.2
	1992			
	1992			
	1992			
			29.22	680
	1990		29.55	657
	1988		30.15	619
	1996		30.38	605
	1994		30.58	593
	1994		30.98	570
		4 50		
		, 4 x 50m		
1:23.	.78			13.12.2
			1:32.61	729
87	,	23.47	90	23.19
88	}	23.68	84	22.27
			1:32.96	721
89	1	24.13	90	22.90
92	<u>)</u>	23.04	87	22.89
			1:35.68	661
1	<u> </u>	24.28	92	
93		23.24	92	
			1:36.61	642
93		24.66	91	24.52
93 92	,	24.54	90	22.89
93	3			
93 92 93	}	2 1.07	1:36.93	636
93 92 93 93	3		89	23.93
93 92 93 93)	24.59	92	23.81
93 92 93 93)			625
93 92 93 93 93 89)	24.59	1:37-49	UCI
93 92 93 93 93 89 92	3	24.59 24.60	1:37.49 93	24.43
93 92 93 93 93 89	3	24.59	1:37.49 93 92	24.43 24.56
93 92 93 93 89 92	3	24.59 24.60 24.13	93	24.43
	93			92 24.60 92





	109,	, 4 x 50m	,		
7.	1			1:37.61	623
		93	25.33	94	23.64
		92	24.40	92	24.24
8.	1			1:39.77	583
		94	24.60	90	25.28
		95	25.43	90	24.46
9.	2			1:40.79	566
		95	24.93	93	25.21
		94	25.34	96	25.31
10.	1			1:40.97	563
		92	25.79	93	24.98
		90	25.95	92	24.25
11.	1			1:45.30	496
		93	26.40	94	26.85
		93	26.00	94	26.05
12.	2			1:46.32	482
		96	25.41	96	27.00
		94	28.35	96	25.56
SQ	1				





2010 . 6 - 9

201	, 50m		
08.10.2010	22.33		14.11.20
: FINA 2010	22.00		11.11.20
	1001		
1.	1984	25.15	651 A
2.	1992	25.27	642 A
3.	1988	25.77	605 A
4.	1992	26.33	567 A
5.	1992	26.34	566 A
<u>6</u> .	1992	26.46	559 A
7.	1993	26.56	552 R
8.	1993	26.88	533 ?
	1993	26.88 I	533 ?
10.	1990	26.93 I	530
11.	1983	27.03	524
12.	1992	27.12	519
13.	1994	27.22	513
14.	1994	27.28	510
15.	1994 1	27.45	500
16.	1994	27.66	489
17.	1990	27.68	488
18.	1994	28.06	468
19.	1993 1	28.74	436
20.	1994 1	28.83 II	432
21.	1996 1	29.11	419
DSQ	1996 1		
202	, 50m		
08.10.2010			
: FINA 2010	25.95		20.12.20
. 1 110 (2010			
1.	1988	28.23	644 A
2.	1989	28.73	611 A
3.	1989	28.81	605 A
4.	1993	28.96	596 A
5.	1992	28.99	594 A
6.	1993	29.55	561 A
7.	1994	29.59	559 R
8.	1996	29.70	553 R
9.	1994	29.78	548
10.	1995	29.98	537
11.	1994	30.40	515
12.	1997	30.42	514
13.	1994	30.68 l	501
14.	1994	30.82	494
_{con} ack _{4.9} _			_{,C} nncka _a ,
BCEPO			BCEPO THABAHAS





	, 6-9	2010 .	
202,	, 50m ,	,	
15.	1993	30.88	492
16.	1992	30.89	491
17.	1994	31.0 6 l	483
18.	1994	31. 0 9	482
19.	1996	31.16	478
20.	1996 1	31.19	477
21.	1995	31.20	477
22.	1996 1	31.56	460
23.	1994	31.75	452
24.	1994	31.78	451
25.	1991	32.10	438
26.	1996 1	32.18	434
27.	1996 1	32.90 II	406
28.	1997 1	32.96 II	404
29.	1995	33.08 II	400
30.	1997	33.12	398
31.	1995 1	33.54	384
32.	1994	33.76	376
33.	1996 1	33.86 II	373
34.	1997 1	34.16	363
35.	1996 1	34.63 II	348
36.	1996	36.48	298
37.	1998 1	37.67	271
DSQ	1995		
DSQ	1993		
203 08.10.2010	, 100m		
00.10.2010	45.36	(TUR)	11.12.2009
: FINA 2010			
1.	1987	51.03	683
2.	1984	51.12	679
3.	1990	51.62	659
4.	1990	51.94	647
5.	1992	52.37	631
6.	1987	52.55	625
7.	1985	52.83	615
·	1800	52.03	010



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50m:

50m:

50m:

50m:

25.68

25.92

25.96

25.94

25.68

25.92

25.96

25.94

100m:

100m:

100m:

100m:

52.83

53.64

53.69

53.91

1993

1993

1994

27.15

27.72

27.73

27.97

53.64

53.69

53.91

6 - 9 2010 .

						<u>′</u>			
	203,		, 100m			,			
11.	50m:	26.05	26.05	100m:	1994 53.93	27.88		53.93	578
12.	50m:	26.07	26.07	100m:	1994	28.11		54.18	570
13.	50m:	26.34	26.34	100m:	1991 54.38	28.04		54.38	564
14.	50m:	26.98	26.98	100m:	1994 54.49	27.51		54.49	560
15.	50m:	26.99	26.99	100m:	1992	27.53		54.52	560
16.	50m:	26.05	26.05	100m:	1993 54.58	28.53		54.58	558
17.	50m:	26.07	26.07	100m:	1995 54.60	28.53		54.60	557
18.	50m:	26.34	26.34	100m:	1995 1	28.29		54.63	556
19.	50m:	25.93	25.93	100m:	1992 54.87	28.94		54.87	549
20.	50m:	26.16	26.16	100m:	1993 54.90	28.74		54.90	548
21.	50m:	26.14	26.14	100m:	1992 54.94	28.80		54.94	547
22.	50m:	26.80	26.80	100m:	1990 54.99	28.19		54.99	545
23.	50m:	26.65	26.65	100m:	1992 1 55.11	28.46		55.11	542
24.	50m:	27.59	27.59	100m:	1986 55.59	28.00		55.59	528
25.	50m:	26.60	26.60	100m:	1992 55.61	29.01		55.61	527
26.	50m:	26.86	26.86	100m:	1993 55.67	28.81		55.67	526
27.	50m:	26.83	26.83	100m:	1993 55.79	28.96		55.79	522
28.	50m:	26.24	26.24	100m:	1993 56.02	29.78		56.02	516
	50m:	26.72	26.72	100m:	1992 1 56.02	29.30		56.02	516
30.	50m:	27.08	27.08	100m:	1995 56.04	28.96		56.04	515
31.	50m:	26.87	26.87	100m:	1994 56.18	29.31		56.18	511





	203,		, 100m	1		,		
32.	50m:	27.23	27.23	100m:	1992 56.60	29.37	56.60 l	500
33.	50m:	26.64	26.64	100m:	1994 1 56.61	29.97	56.61	500
34.	50m:	27.21	27.21	100m:	1996 1 56.88	29.67	56.88	493
35.	50m:	26.73	26.73	100m:	1990 56.97	30.24	56.97	490
36.	50m:	27.17	27.17	100m:	1995 57.34	30.17	57.34	481
37.	50m:	27.71	27.71	100m:	1994 1 57.35	29.64	57.35	481
38. 39.					1992 1994 1		57.44 ∣ 57.78 ∣	478 470
40.	50m:	27.42	27.42	100m:	57.78 1994 1	30.36	58.38 II	456
	50m:	27.80	27.80	100m:	58.38 1992	30.58	58.38 II	456
	50m:	27.99	27.99	100m:	58.38	30.39		
42.	50m:	28.08	28.08	100m:	1996 1 58.70	30.62	58.70 II	448
43.	50m:	28.19	28.19	100m:	1994 58.72	30.53	58.72	448
44.	50m:	27.92	27.92	100m:	1993 1 58.82	30.90	58.82 II	445
45.	50m:	28.38	28.38	100m:	1996 1 58.88	30.50	58.88 II	444
46.	50m:	27.71	27.71	100m:	1994 1 59.11	31.40	59.11 II	439
47.	50m:	28.39	28.39	100m:	1993 1 59.21	30.82	59.21	437
48. DSQ DSQ					1995 1 1992 1993 1		1:01.44	391
EXH	50m:	31.36	31.36	100m:	1997 2 1:07.02	35.66	1:07.02	301





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204 , 200m 08.10.2010

				1:53.85							14.12.200
: FINA 20	10										
1.	50m:	30.37	30.37	100m:	1994 1:01.79	31.42	150m:	1:33.74	31.95	2:04.99 200m: 2:04.99	703 31.25
2.	50m:	28.87	28.87	100m:	1992 1:00.71	31.84	150m:	1:33.25	32.54	2:05.66 200m: 2:05.66	692 32.41
3.	50m:	30.93	30.93	100m:	1994 1:04.28	33.35	200m:	2:06.95	1:02.67	2:06.95	671
4.	50m:	30.19	30.19	100m:	1994 1:02.91	32.72	150m:	1:35.42	32.51	2:08.30 200m: 2:08.30	650 32.88
5.	50m:	30.25	30.25	100m:	1996 1:02.80	32.55	150m:	1:36.22	33.42	2:09.46 200m: 2:09.46	633 33.24
6.	50m:	29.87	29.87	100m:	1989 1:02.03	32.16	150m:	1:35.79	33.76	2:09.53 200m: 2:09.53	632 33.74
7.	50m:	30.84	30.84	100m:	1992 1:05.21	34.37	150m:	1:38.64	33.43	2:11.96 200m: 2:11.96	597 33.32
8.	50m:	31.24	31.24	100m:	1994 1 1:05.08	33.84	150m:	1:38.44	33.36	2:12.67 200m: 2:12.67	588 34.23
9.	50m:	30.09	30.09	100m:	1995 1:03.59	33.50	150m:	1:38.37	34.78	2:12.97 200m: 2:12.97	584 34.60
10.	50m:	30.47	30.47	100m:	1994 1:04.04	33.57	150m:	1:39.27	35.23	2:13.74 200m: 2:13.74	574 34.47
11.	50m:	31.06	31.06	100m:	1993 1:04.59	33.53	150m:	1:39.00	34.41	2:14.39 200m: 2:14.39	566 35.39
12.	50m:	31.47	31.47	100m:	1994 1:06.00	34.53	150m:	1:41.16	35.16	2:14.98 I 200m: 2:14.98	558 33.82
13.	50m:	30.86	30.86	100m:	1994 1:05.10	34.24	150m:	1:40.38	35.28	2:15.99 I 200m: 2:15.99	546 35.61
14.	50m:	31.11	31.11	100m:	1995 1:04.73	33.62	150m:	1:40.52	35.79	2:16.38 I 200m: 2:16.38	541 35.86
15.	50m:	31.55	31.55	100m:	1996 1:07.41	35.86	150m:	1:43.44	36.03	2:16.53 200m: 2:16.53	539 33.09
16.	50m:	30.91	30.91	100m:	1996 1 1:05.10	34.19	150m:	1:41.20	36.10	2:16.63 I 200m: 2:16.63	538 35.43
17.	50m:	31.78	31.78	100m:	1994 1:06.36	34.58	150m:	1:42.26	35.90	2:16.76 I 200m: 2:16.76	537 34.50
18.	50m:	30.94	30.94	100m:	1994 1:04.45	33.51	150m:	1:39.51	35.06	2:16.94 200m: 2:16.94	535 37.43
19.	50m:	31.59	31.59		1996 1 1:05.87	34.28	150m:	1:41.48	35.61	2:17.81 200m: 2:17.81	524 36.33





6 - 9 2010 .

	204,		, 200	m		,					
20.	50m:	32.12	32.12	100m:	1997 1:08.03	35.91	150m:	1:43.35	35.32	2:18.39 I 200m: 2:18.39	518 35.04
21.	50m:	31.97	31.97	100m:	1995 1:06.77	34.80	150m:	1:43.29	36.52	2:19.85 I 200m: 2:19.85	502 36.56
22.	50m:	31.53	31.53	100m:	1994 1:06.82	35.29	150m:	1:44.00	37.18	2:21.49 I 200m: 2:21.49	485 37.49
23.	50m:	32.64	32.64	100m:	1996 1 1:09.46	36.82	150m:	1:47.13	37.67	2:21.50 I 200m: 2:21.50	484 34.37
24. 25.	50m:	32.47	32.47	100m:	1996 1 1997 1 1:08.64	36.17	150m:	1:45.52	36.88	2:21.55 2:22.11 200m: 2:22.11	484 478 36.59
26.	50m:	32.93	32.93	100m:	1994 1 1:09.25	36.32	150m:	1:46.36	37.11	2:22.15 I 200m: 2:22.15	478 35.79
27.	50m:	32.54	32.54	100m:	1997 1 1:09.04	36.50	150m:	1:47.25	38.21	2:23.77 II 200m: 2:23.77	462 36.52
28.	50m:	32.62	32.62	100m:	1994 1:09.44	36.82	150m:	1:47.46	38.02	2:25.24 II 200m: 2:25.24	448 37.78
29.	50m:	33.46	33.46	100m:	1997 1 1:09.99	36.53	150m:	1:48.26	38.27	2:26.40 II 200m: 2:26.40	437 38.14
30.	100m:	1:10.42	1:10.42	150m:	1998 1 1:50.18	39.76	200m:	2:28.62	38.44	2:28.62	418
31.	50m:	33.74	33.74	100m:	1998 1 1:11.96	38.22	150m:	1:50.68	38.72	2:28.68 II 200m: 2:28.68	418 38.00
32.	50m:	35.46	35.46	100m:	1998 1 1:13.60	38.14	150m:	1:54.07	40.47	2:33.94 II 200m: 2:33.94	376 39.87
	205					, 2	:00m				
08.10.20	010			2:02.50							13.12.2009
: FINA 2	2010			2.32.00							.0.12.2000
1.	50m:	30.35	30.35	100m:	1992 1:05.60	35.25	150m:	1:39.51	33.91	2:14.21 200m: 2:14.21	726 34.70
2.	50m:	31.82	31.82	100m:	1991 1:07.05	35.23	150m:	1:42.25	35.20	2:16.13 200m: 2:16.13	696 33.88
3.	50m:	22.22	22.22	100m:	1992	24.00	150m:	1.42.06	25.62	2:18.61	659



4.

5.



34.75

650

626

36.22

35.65

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34.90

36.74

35.79

150m:

150m:

150m:

1:43.86

1:43.60

1:44.83

35.63

35.00

36.88

200m: 2:18.61

200m: 2:19.25

200m: 2:21.05

2:19.25

2:21.05

50m:

50m:

50m:

33.33

31.86

32.16

33.33

31.86

32.16

100m:

100m:

1:08.23

1:08.60

1991

1993

100m: 1:07.95

	205,		, 200m	1	,						
6.	50m:	33.01	33.01	100m:	1993 1:09.71	36.70	150m:	1:46.11	36.40	2:22.31 200m: 2:22.31	609 36.20
7.	50m:	31.87	31.87	100m:	1994 1:08.93	37.06	150m:	1:46.72	37.79	2:24.58 200m: 2:24.58	581 37.86
8.	50m:	34.01	34.01	100m:	1992 1:12.26	38.25	150m:	1:50.18	37.92	2:27.68 200m: 2:27.68	545 37.50
9.	50m:	33.75	33.75	100m:	1990 1:11.17	37.42	150m:	1:49.41	38.24	2:28.54 200m: 2:28.54	536 39.13
10. 11. 12. 13.	50m:	32.89	32.89	100m:	1992 1996 1994 1992 1:10.53	37.64	150m:	1:50.17	39.64	2:29.63 2:30.16 2:30.53 2:30.78 200m: 2:30.78	524 518 515 512 40.61
14. 15.	50m:	35.24	35.24	100m:	1994 1996 1 1:14.68	39.44	150m:	1:53.92	39.24	2:31.79 2:32.35 200m: 2:32.35	502 496 38.43
16.	50m:	35.43	35.43	100m:	1996 1	39.05	150m:	1:54.83	40.35	2:33.79 I 200m: 2:33.79	483 38.96
17.	50m:	33.96	33.96	100m:	1994 1 1:13.07	39.11	150m:	1:54.01	40.94	2:34.60 I 200m: 2:34.60	475 40.59
18. 19. 20.	50m:	35.30	35.30	100m:	1994 1996 1 1995 1 1:14.88	39.58	150m:	1:55.38	40.50	2:36.01 2:36.28 2:36.58 200m: 2:36.58	462 460 457 41.20
21.	50m:	34.86	34.86	100m:	1995 1	39.65	150m:	1:56.46	41.95	2:39.04 I 200m: 2:39.04	436 42.58
22.	50m:	37.00	37.00	100m:	1997 1	41.52	150m:	2:00.73	42.21	2:43.11 1 200m: 2:43.11	404 42.38
23.	50m:	37.53	37.53	100m:	1996 1 1:20.36	42.83	150m:	2:04.46	44.10	2:47.18 II 200m: 2:47.18	376 42.72
DSQ DSQ DSQ					1993 1995 1993 1						
EXH	50m:	41.09	41.09	100m:	1997 2 1:28.67	47.58	150m:	2:16.41	47.74	3:03.40 200m: 3:03.40	284 46.99





206 , 100m 08.10.2010

				56.36					11.12.2009
: FINA 2	2010								
1.	50m:	30.06	30.06	100m:	1990 1:01.95	31.89		1:01.95	708
2.	50m:	31.78	31.78	100m:	1996 1:04.61	32.83		1:04.61	624
3.	50m:	31.87	31.87	100m:	1989 1:05.76	33.89		1:05.76	592
4. 5.	50m:	32.37	32.37	100m:	1989 1994 1:07.01	34.64		1:06.82 1:07.01	564 559
6.	50m:	33.01	33.01	100m:	1994 1:07.50	34.49		1:07.50	547
7.	50m:	32.91	32.91	100m:	1994 1:07.56	34.65		1:07.56	546
8.	50m:	33.32	33.32	100m:	1996 1:08.36	35.04		1:08.36	527
9.	50m:	33.27	33.27	100m:	1995 1:08.46	35.19		1:08.46	525
10.	50m:	33.95	33.95	100m:	1995 1:09.69	35.74		1:09.69	497
11.	50m:	34.36	34.36	100m:	1997 1:10.02	35.66		1:10.02	490
12.	50m:	34.43	34.43	100m:	1994 1:10.15	35.72		1:10.15	488
13.	50m:	34.18	34.18	100m:	1996 1:10.24	36.06		1:10.24	486
14.	50m:	34.31	34.31	100m:	1997 1 1:10.49	36.18		1:10.49	480
15.	50m:	34.36	34.36	100m:	1994 1:10.56	36.20		1:10.56	479
16.	50m:	34.80	34.80	100m:	1991 1:10.70	35.90		1:10.70	476
17.	50m:	34.10	34.10	100m:	1996 1:10.84	36.74		1:10.84	473
18.	50m:	34.89	34.89	100m:	1996 1 1:11.45	36.56		1:11.45	461
19.	50m:	34.84	34.84	100m:	1996 1 1:11.89	37.05		1:11.89	453
20.	50m:	35.63	35.63	100m:	1998 1 1:14.13	38.50		1:14.13	413





					•			2010 .			
	206,		, 100r	m	,						
21.	50m:	35.63	35.63	100m:	1997 1 1:14.29	38.66				1:14.29	410
22.	50m:	36.11	36.11	100m:	1996 1 1:14.52	38.41				1:14.52	407
23.	50m:	36.65	36.65	100m:	1996 1 1:14.63	37.98				1:14.63	405
24.	50m:	36.84	36.84		1997 1 1:16.28	39.44				1:16.28	379
25.					1997 1					1:17.29	364
26.	50m:	36.95	36.95	100m:	1:17.29 1998 1	40.34				1:18.71	345
20.	50m:	37.00	37.00	100m:	1:18.71	41.71				1.10.71	343
	207					, 20	0m				
8.10.20	10										45.44.00
: FINA 20	010			1:46.11							15.11.20
1.	50m:	27.60	27.60	100m:	1988 57.09	29.49	150m:	1:27.71	30.62	1:59.06 200m: 1:59.06	707 31.35
2.	50m:	29.73	29.73	100m:	1992 1:00.84	31.11	150m:	1:32.32	31.48	2:03.13 200m: 2:03.13	639 30.81
3.	50m:	29.90	29.90	100m:	1989 1:02.42	32.52	150m:	1:35.01	32.59	2:06.34 200m: 2:06.34	592 31.33
4.	50m:	30.06	30.06	100m:	1992 1:02.25	32.19	150m:	1:34.92	32.67	2:06.41 200m: 2:06.41	591 31.49
5.	50m:	30.18	30.18		1992 1:02.57	32.39	150m:	1:35.18	32.61	2:06.53 200m: 2:06.53	589 31.35
6.					1992					2:07.69	573
7.	50m:	29.87	29.87	100m:	1:02.01 1993	32.14	150m:	1:34.89	32.88	200m: 2:07.69 2:07.75	32.80 573
0	50m:	30.09	30.09	100m:	1:02.12	32.03	150m:	1:35.56	33.44	200m: 2:07.75	32.19
8.	50m:	29.83	29.83	100m:	1993 1:02.30	32.47	150m:	1:35.62	33.32	2:08.48 200m: 2:08.48	563 32.86
					1994	33.38	150m:	1:36.85	32.80	2:09.57 200m: 2:09.57	549 32.72
9.	50m:	30.67	30.67	100m:	1:04.05	33.30					
9. 10.	50m:	30.67 30.44	30.67		1:04.05 1989 1:02.61	32.17	150m:	1:35.51	32.90	2:09.63 200m: 2:09.63	548 34.12



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	207,		, 200m	1	,						
12.	50m:	31.13	31.13	100m:	1989 1:04.53	33.40	150m:	1:38.86	34.33	2:12.43 200m: 2:12.43	514 33.57
13.	50m:	30.97	30.97	100m:	1990 1:04.40	33.43	150m:	1:38.58	34.18	2:13.94 200m: 2:13.94	497 35.36
14.	50m:	32.17	32.17	100m:	1990 1:07.18	35.01	150m:	1:41.55	34.37	2:15.31 I 200m: 2:15.31	482 33.76
15.	50m:	32.40	32.40	100m:	1995 1:06.68	34.28	150m:	1:41.73	35.05	2:16.42 I 200m: 2:16.42	470 34.69
16.	50m:	31.81	31.81	100m:	1991 1:05.96	34.15	150m:	1:41.24	35.28	2:17.27 I 200m: 2:17.27	461 36.03
17.	50m:	32.92	32.92	100m:	1996 1 1:07.28	34.36	150m:	1:42.71	35.43	2:18.11 I 200m: 2:18.11	453 35.40
18.	50m:	33.72	33.72	100m:	1993 1:08.73	35.01	150m:	1:43.76	35.03	2:19.27 I 200m: 2:19.27	442 35.51
19.	50m:	33.51	33.51	100m:	1994 1:08.98	35.47	150m:	1:45.25	36.27	2:20.84 I 200m: 2:20.84	427 35.59
20.	50m:	32.70	32.70	100m:	1996 1 1:08.99	36.29	150m:	1:46.60	37.61	2:22.86 I 200m: 2:22.86	409 36.26
21.	50m:	33.48	33.48	100m:	1993 1 1:09.44	35.96	150m:	1:46.28	36.84	2:22.98 I 200m: 2:22.98	408 36.70
22.	50m:	33.49	33.49	100m:	1995 1 1:09.46	35.97	150m:	1:46.99	37.53	2:23.22 II 200m: 2:23.22	406 36.23
23.	50m:	34.07	34.07	100m:	1997 1 1:11.83	37.76	150m:	1:49.63	37.80	2:26.20 II 200m: 2:26.20	382 36.57
24.	50m:	34.74	34.74	100m:	1997 1 1:15.19	40.45	150m:	1:55.99	40.80	2:34.85 II 200m: 2:34.85	321 38.86

208 , 100m

				1:04.71				08.11.2008
: FINA 2	010							
1.	50m:	33.42	33.42	100m:	1986 1:10.87	37.45	1:10.87	692
2.	50m:	34.19	34.19	100m:	1994 1:11.83	37.64	1:11.83	665
3.	50m:	34.68	34.68	100m:	1991 1:12.01	37.33	1:12.01	660
4.	50m:	35.81	35.81	100m:	1995 1:14.60	38.79	1:14.60	593





6 - 9 2010 .

	208,		, 100r	n	,				
5.	50m:	34.88	34.88	100m·	1994 1:15.47	40.59		1:15.47	573
6.	50m:	36.49	36.49		1998 1:16.90	40.41		1:16.90	542
7.	50m:	37.23	37.23	100m:	1996 1:17.09	39.86		1:17.09	538
8.	50m:	36.64	36.64	100m:	1994 1:17.53	40.89		1:17.53	528
9.	50m:	36.39	36.39	100m:	1994 1:17.80	41.41		1:17.80	523
10.	50m:	36.75	36.75	100m:	1996 1:18.33	41.58		1:18.33	512
11.	50m:	37.22	37.22	100m:	1996 1:18.36	41.14		1:18.36	512
12.	50m:	37.30	37.30	100m:	1995 1:18.55	41.25		1:18.55	508
13.	50m:	36.94	36.94	100m:	1994 1:19.29	42.35		1:19.29	494
14.	50m:	38.74	38.74	100m:	1995 1:19.96	41.22		1:19.96	482
15.	50m:	38.10	38.10	100m:	1997 1 1:20.52	42.42		1:20.52	472
16.	50m:	38.35	38.35	100m:	1994 1:20.59	42.24		1:20.59	470
17.	50m:	39.24	39.24	100m:	1996 1:21.27	42.03		1:21.27	459
18.	50m:	38.77	38.77	100m:	1994 1:22.08	43.31		1:22.08	445
19.	50m:	38.95	38.95	100m:	1997 1 1:22.60	43.65		1:22.60	437
20.	50m:	38.96	38.96	100m:	1998 1 1:22.78	43.82		1:22.78	434
21.	50m:	39.42	39.42	100m:	1998 1 1:23.20	43.78		1:23.20	427
22.	50m:	39.96	39.96	100m:	1995 1 1:23.82	43.86		1:23.82	418
23.	50m:	39.99	39.99	100m:	1996 1 1:25.44	45.45		1:25.44	395
24.	50m:	40.04	40.04	100m:	1997 1 1:25.94	45.90		1:25.94	388
25. 	50m:	41.01	41.01	100m:	1998 1 1:27.44	46.43		1:27.44	368





6 - 9 2010 . 208, , 100m 26. 1998 1 1:33.47 ||| 301 50m: 43.88 43.88 100m: 1:33.47 49.59 209 , 100m 08.10.2010 50.95 14.11.2009 : FINA 2010 1. 1991 57.32 694 50m: 27.35 27.35 100m: 57.32 29.97 2. 1990 57.99 670 50m: 27.18 27.18 100m: 57.99 30.81 3. 1987 58.16 664 50m: 26.47 26.47 100m: 58.16 31.69 4. 1992 58.63 648 50m: 27.32 27.32 100m: 58.63 31.31 5. 1989 58.77 644 50m: 28.21 28.21 100m: 58.77 30.56 6. 1989 59.06 634 7. 1995 59.74 613 50m: 28.40 28.40 100m: 59.74 31.34 8. 1993 1:00.85 580 50m: 28.41 28.41 100m: 1:00.85 32.44 9. 1993 1:01.00 576 50m: 28.23 28.23 100m: 1:01.00 32.77 10. 1993 1:01.04 575 50m: 28.26 28.26 100m: 1:01.04 32.78 11. 1990 1:01.14 572 28.41 50m: 28.41 100m: 1:01.14 32.73 12. 1992 1:01.19 570 50m: 27.79 27.79 100m: 1:01.19 33.40 13. 1:01.52 1993 561 50m: 27.87 27.87 33.65 100m: 1:01.52 14. 1993 1:01.65 558 50m: 29.53 29.53 100m: 1:01.65 32.12 15. 1994 1:01.85 552 50m: 28.65 28.65 100m: 1:01.85 33.20



16.

17.



552

550

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32.53

32.21

1994

1992

1:01.86

1:01.95

100m:

100m:

50m:

50m:

29.33

29.74

29.33

29.74

1:01.86

1:01.95

6 - 9 2010 .

					,	0 0	2010 .		
	209,		, 100m		,				
18.	50m:	28.60	28.60	100m:	1990 1:02.59	33.99		1:02.59	533
19.	50m:	29.94	29.94	100m:	1994 1:04.02	34.08		1:04.02	498
20.	50m:	29.89	29.89	100m:	1993 1:04.23	34.34		1:04.23	493
21.	50m:	28.22	28.22	100m:	1990 1:04.35	36.13		1:04.35	490
22.	50m:	29.70	29.70	100m:	1995 1 1:04.59	34.89		1:04.59	485
23.	50m:	30.69	30.69	100m:	1996 1 1:04.80	34.11		1:04.80	480
24.	50m:	29.89	29.89	100m:	1994 1:04.91	35.02		1:04.91	478
25.	50m:	30.36	30.36	100m:	1994 1:04.94	34.58		1:04.94	477
26.	50m:	29.78	29.78	100m:	1993 1:05.12	35.34		1:05.12	473
	50m:	29.17	29.17	100m:	1993 1:05.12	35.95		1:05.12	473
28.	50m:	30.73	30.73	100m:	1993 1:05.84	35.11		1:05.84	458
29.	50m:	31.87	31.87	100m:	1992 1:06.26	34.39		1:06.26	449
30.	50m:	32.69	32.69	100m:	1995 1 1:06.73	34.04		1:06.73	440
31.	50m:	30.38	30.38	100m:	1996 1 1:06.79	36.41		1:06.79	438
32.	50m:	31.08	31.08	100m:	1993 1:07.71	36.63		1:07.71	421
33.	50m:	31.15	31.15	100m:	1993 1 1:07.72	36.57		1:07.72	421
34.	50m:	32.12	32.12	100m:	1995 1 1:08.94	36.82		1:08.94	399
35.	50m:	31.16	31.16	100m:	1996 1 1:09.85	38.69		1:09.85	383
EXH	50m:	35.06	35.06	100m:	1997 2 1:16.94	41.88		1:16.94	287





210 , 1500m 08.10.2010

16:17.02	15.03.2002

				16:17.02								15.0
: FINA 2	010											
1.					1994					17:	49.29	655
• • •	50m:	32.29	32.29	550m:	6:32.11	35.97	900m:	10:44.95	35.99		14:54.91	34.51
	100m:	1:07.69	35.40	600m:	7:08.89	36.78		11:20.85	35.90		15:30.21	35.30
	150m:	1:43.72	36.03	650m:	7:44.30	35.41		11:57.05	36.20		16:05.96	35.75
	200m:	2:19.62	35.90	700m:	8:20.79	36.49	1050m:	12:32.95	35.90	1400m:	16:41.29	35.33
	250m:	4:43.81	2:24.19	750m:	8:56.59	35.80		13:09.13	36.18		17:16.24	34.95
	400m:	5:20.08	36.27	800m:	9:32.53	35.94		13:46.22	37.09		17:49.29	33.05
	450m:	5:56.14	36.06		10:08.96	36.43	1200m:	14:20.40	34.18			00.00
2.					1992					17:	56.98	641
	50m:	32.85	32.85	450m:	5:20.00	35.95	850m:	10:08.73	36.00		14:58.45	36.41
	100m:	1:08.07	35.22	500m:	5:56.15	36.15	900m:	10:44.73	36.00	1300m:	15:34.84	36.39
	150m:	1:43.91	35.84	550m:	6:32.26	36.11		11:20.84	36.11		16:11.12	36.28
	200m:	2:19.90	35.99	600m:	7:08.58	36.32		11:57.22	36.38		16:46.97	35.85
	250m:	2:55.85	35.95	650m:	7:44.58	36.00	1050m:	12:33.22	36.00		17:22.68	35.71
	300m:	3:31.75	35.90	700m:	8:20.45	35.87	1100m:	13:09.59	36.37		17:56.98	34.30
	350m:	4:07.95	36.20	750m:	8:56.59	36.14		13:45.73	36.14	10001111	17.00.00	01.00
	400m:	4:44.05	36.10	800m:	9:32.73	36.14	1200m:	14:22.04	36.31			
3.					1995					10.	03.72	629
٥.	E0:::-	32.53	32.53	4E0m.	5:19.65	26.20	050	10.00.00	25.70		14:58.06	36.34
	50m: 100m:	1:07.70	35.17	450m: 500m:	5:56.15	36.28 36.50	850m: 900m:	10:08.00 10:44.70	35.70 36.70		15:35.31	37.25
	150m: 200m:	1:43.79 2:19.31	36.09 35.52	550m: 600m:	6:31.26 7:08.49	35.11 37.23	950m: 1000m:	11:20.56 11:56.93	35.86 36.37		16:11.25 16:47.38	35.94 36.13
	250m:	2:55.42	36.11	650m:	7:43.92	37.23 35.43	1050m:	12:33.08	36.15		18:03.72	1:16.34
	300m:	3:31.64	36.22	700m:	8:20.10	36.18	1100m:	13:08.98	35.90	1300111.	10.03.72	1.10.34
	350m:	4:07.43	35.79	750m:	8:55.60	35.50	1150m:	13:45.61	36.63			
	400m:	4:43.37	35.79	800m:	9:32.30	36.70	1200m:	14:21.72	36.11			
1										10.	1125	611
4.					1996						14.35	611
5.					1994						18.13	604
	50m:	32.53	32.53	450m:	5:23.89	36.29		10:17.83	36.70		15:13.31	36.99
	100m:	1:07.91	35.38	500m:	6:00.45	36.56		10:54.68	36.85		15:50.03	36.72
	150m:	1:44.60	36.69	550m:	6:37.22	36.77		11:31.26	36.58		16:27.28	37.25
	200m:	2:21.06	36.46	600m:	7:14.12	36.90		12:08.10	36.84		17:04.22	36.94
	250m: 300m:	2:57.75 3:34.33	36.69 36.58	650m: 700m:	7:50.90 8:27.74	36.78 36.84		12:45.32 13:22.15	37.22 36.83		17:41.47 18:18.13	37.25 36.66
	350m:	4:11.05	36.72	750m:	9:04.59	36.85	1150m:	13:59.18	37.03	1300111.	10.10.13	30.00
	400m:	4:47.60	36.55	800m:	9:41.13	36.54		14:36.32	37.03			
	400111.	4.47.00	30.33	000111.	3.41.13	30.54	1200111.	14.30.32	37.14			
6.												
Ο.					1994						31.85	582
0.	50m:	32.83	32.83	450m:	5:25.70	36.87	850m:	10:25.66	37.41	1250m:	15:26.14	582 37.46
0.	100m:	1:08.01	35.18	500m:	5:25.70 6:03.33	37.63	900m:	11:03.23	37.57	1250m: 1300m:	15:26.14 16:03.45	37.46 37.31
0.	100m: 150m:	1:08.01 1:44.11	35.18 36.10	500m: 550m:	5:25.70 6:03.33 6:40.54	37.63 37.21	900m: 950m:	11:03.23 11:40.64	37.57 37.41	1250m: 1300m: 1350m:	15:26.14 16:03.45 16:40.90	37.46
0.	100m: 150m: 200m:	1:08.01 1:44.11 2:20.51	35.18 36.10 36.40	500m: 550m: 600m:	5:25.70 6:03.33 6:40.54 7:17.97	37.63 37.21 37.43	900m: 950m: 1000m:	11:03.23 11:40.64 12:18.34	37.57 37.41 37.70	1250m: 1300m: 1350m: 1400m:	15:26.14 16:03.45 16:40.90 17:17.95	37.46 37.31 37.45 37.05
0.	100m: 150m: 200m: 250m:	1:08.01 1:44.11 2:20.51 2:57.04	35.18 36.10 36.40 36.53	500m: 550m: 600m: 650m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59	37.63 37.21 37.43 37.62	900m: 950m: 1000m: 1050m:	11:03.23 11:40.64 12:18.34 12:55.87	37.57 37.41 37.70 37.53	1250m: 1300m: 1350m: 1400m: 1450m:	15:26.14 16:03.45 16:40.90 17:17.95 17:55.19	37.46 37.31 37.45 37.05 37.24
0.	100m: 150m: 200m: 250m: 300m:	1:08.01 1:44.11 2:20.51 2:57.04 3:34.15	35.18 36.10 36.40 36.53 37.11	500m: 550m: 600m: 650m: 700m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59 8:33.20	37.63 37.21 37.43 37.62 37.61	900m: 950m: 1000m: 1050m: 1100m:	11:03.23 11:40.64 12:18.34 12:55.87 13:33.39	37.57 37.41 37.70 37.53 37.52	1250m: 1300m: 1350m: 1400m: 1450m:	15:26.14 16:03.45 16:40.90 17:17.95	37.46 37.31 37.45 37.05
0.	100m: 150m: 200m: 250m: 300m: 350m:	1:08.01 1:44.11 2:20.51 2:57.04 3:34.15 4:11.22	35.18 36.10 36.40 36.53 37.11 37.07	500m: 550m: 600m: 650m: 700m: 750m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59 8:33.20 9:11.19	37.63 37.21 37.43 37.62 37.61 37.99	900m: 950m: 1000m: 1050m: 1100m: 1150m:	11:03.23 11:40.64 12:18.34 12:55.87 13:33.39 14:11.07	37.57 37.41 37.70 37.53 37.52 37.68	1250m: 1300m: 1350m: 1400m: 1450m:	15:26.14 16:03.45 16:40.90 17:17.95 17:55.19	37.46 37.31 37.45 37.05 37.24
	100m: 150m: 200m: 250m: 300m:	1:08.01 1:44.11 2:20.51 2:57.04 3:34.15	35.18 36.10 36.40 36.53 37.11	500m: 550m: 600m: 650m: 700m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59 8:33.20 9:11.19 9:48.25	37.63 37.21 37.43 37.62 37.61	900m: 950m: 1000m: 1050m: 1100m: 1150m:	11:03.23 11:40.64 12:18.34 12:55.87 13:33.39	37.57 37.41 37.70 37.53 37.52	1250m: 1300m: 1350m: 1400m: 1450m: 1500m:	15:26.14 16:03.45 16:40.90 17:17.95 17:55.19 18:31.85	37.46 37.31 37.45 37.05 37.24 36.66
7.	100m: 150m: 200m: 250m: 300m: 350m:	1:08.01 1:44.11 2:20.51 2:57.04 3:34.15 4:11.22	35.18 36.10 36.40 36.53 37.11 37.07	500m: 550m: 600m: 650m: 700m: 750m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59 8:33.20 9:11.19	37.63 37.21 37.43 37.62 37.61 37.99	900m: 950m: 1000m: 1050m: 1100m: 1150m:	11:03.23 11:40.64 12:18.34 12:55.87 13:33.39 14:11.07	37.57 37.41 37.70 37.53 37.52 37.68	1250m: 1300m: 1350m: 1400m: 1450m: 1500m:	15:26.14 16:03.45 16:40.90 17:17.95 17:55.19	37.46 37.31 37.45 37.05 37.24
7.	100m: 150m: 200m: 250m: 300m: 350m:	1:08.01 1:44.11 2:20.51 2:57.04 3:34.15 4:11.22	35.18 36.10 36.40 36.53 37.11 37.07	500m: 550m: 600m: 650m: 700m: 750m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59 8:33.20 9:11.19 9:48.25	37.63 37.21 37.43 37.62 37.61 37.99	900m: 950m: 1000m: 1050m: 1100m: 1150m:	11:03.23 11:40.64 12:18.34 12:55.87 13:33.39 14:11.07	37.57 37.41 37.70 37.53 37.52 37.68	1250m: 1300m: 1350m: 1400m: 1450m: 1500m:	15:26.14 16:03.45 16:40.90 17:17.95 17:55.19 18:31.85	37.46 37.31 37.45 37.05 37.24 36.66
7. 8.	100m: 150m: 200m: 250m: 300m: 350m:	1:08.01 1:44.11 2:20.51 2:57.04 3:34.15 4:11.22	35.18 36.10 36.40 36.53 37.11 37.07	500m: 550m: 600m: 650m: 700m: 750m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59 8:33.20 9:11.19 9:48.25 1994 1995	37.63 37.21 37.43 37.62 37.61 37.99	900m: 950m: 1000m: 1050m: 1100m: 1150m:	11:03.23 11:40.64 12:18.34 12:55.87 13:33.39 14:11.07	37.57 37.41 37.70 37.53 37.52 37.68	1250m: 1300m: 1350m: 1400m: 1450m: 1500m:	15:26.14 16:03.45 16:40.90 17:17.95 17:55.19 18:31.85 50.43 00.74	37.46 37.31 37.45 37.05 37.24 36.66 554 539
7.	100m: 150m: 200m: 250m: 300m: 350m:	1:08.01 1:44.11 2:20.51 2:57.04 3:34.15 4:11.22	35.18 36.10 36.40 36.53 37.11 37.07	500m: 550m: 600m: 650m: 700m: 750m:	5:25.70 6:03.33 6:40.54 7:17.97 7:55.59 8:33.20 9:11.19 9:48.25	37.63 37.21 37.43 37.62 37.61 37.99	900m: 950m: 1000m: 1050m: 1100m: 1150m:	11:03.23 11:40.64 12:18.34 12:55.87 13:33.39 14:11.07	37.57 37.41 37.70 37.53 37.52 37.68	1250m: 1300m: 1350m: 1400m: 1450m: 1500m:	15:26.14 16:03.45 16:40.90 17:17.95 17:55.19 18:31.85	37.46 37.31 37.45 37.05 37.24 36.66





2010 6 - 9

	, 6-9 2010.	
210,	, 1500m ,	
11.	1996	19:26.10 505
12.	1993	19:47.41 478
13.	1998 1	21:13.16 II 388
14.	1998 2	23:49.87 III 273
201	, 50m	
08.10.2010		
	22.33	14.11.2009
: FINA 2010		
Α		
1.	1984	24.38 714
2.	1992	25.13 652
3.	1988	25.77 605
4.	1992	25.94 593
5.	1992	26.30 569
DSQ	1992	
202	, 50m	
08.10.2010		
	25.95	20.12.2009
: FINA 2010		
А		
1.	1988	28.03 658
2.	1989	28.16 648
3.	1992	28.27 641
4.	1993	28.70 612
5.	1993	29.12 586
6.	1989	29.19 582
312	, 4 x 50m	
08.10.2010		
		12.12.2009





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			,	•	
	312,	, 4 x 50m			
1.	1	92 94	29.87 32.74	1:57.26 89 96	659 28.03 26.62
2.	1	94 89	30.83 34.62	2:00.55 88 92	607 28.38 26.72
3.	1	96 88	32.39 33.45	2:01.97 86 94	586 28.97 27.16
4.	2	90 96	30.84 35.07	2:03.71 93 94	561 29.38 28.42
5.	1	89 95	31.66 35.03	2:04.20 92 96	555 29.80 27.71
6.	1	94 93	31.47 35.29	2:04.66 94 94	549 30.04 27.86
7.	1	95 94	32.97 34.57	2:06.15 95 94	530 30.48 28.13
8.	2	93 94	32.58 36.08	2:07.46 97 96	513 29.39 29.41
9.	1	96 96	32.94 36.33	2:07.74 95 94	510 29.78 28.69
10.	1	94 94	31.35 35.56	2:07.88 95 94	508 31.79 29.18
11.	3	94 94	32.95 36.11	2:08.98 94 94	495 30.98 28.94
12.	1	96	35.19	2:15.94 94	423 30.11
		96	39.93	96	30.71





ALGE TIMING SWC www.russwimming.ru

2010 . 6 - 9

301 , 50m

Λα	10	201	1

	20.83	-	20.12.200
: FINA 2010			
1.	1984	23.34	657 A
2.	1987	23.42	651 A
3.	1987	23.47	647 A
4.	1990	23.52	642 A
5.	1985	24.10	597 A
6.	1990	24.19	590 A
7.	1993	24.22	588 R
8.	1994	24.41	575 R
9.	1992	24.49	569
10.	1990	24.60	561
11.	1992	24.61	561
12.	1992	24.63	559
13.	1993	24.74	
			552 551
14.	1994	24.75	551
15.	1991	24.94	539
16.	1992	24.98	536
17.	1993	24.99	536
18.	1990	25.08	530
19.	1993	25.15	525
20.	1994	25.21	522
21.	1992	25.27	518
22.	1992 1	25.32	515
23.	1991	25.38	511
24.	1993	25.41	509
25.	1994	25.44	508
26.	1993	25.50	504
27.	1993	25.60	498
28.	1995	25.63 II	496
	1990	25.63 II	496
30.	1993	25.72 II	491
	1986	25.72 II	491
32.	1992	25.80 II	487
33.	1992	25.83 II	485
34.	1995 1	25.87 II	483
35.	1992 1	25.91 II	480
36.	1993 1	26.06 II	472
37.	1992	26.11	469
		26.12	469 469
38.	1993		
39.	1993 1	26.14	468 466
40.	1995 1	26.17	466
40	1990	26.17	466
42.	1994 1	26.21	464
43.	1992	26.30	459
	1993 1	26.30 II	459





	, 6-9 2010	
301,	, 50m , ,	
45.	1994 1	26.32 II 458
46.	1994 1	26.65 II 441
47.	1993	26.84 II 432
48.	1994 1	27.04 II 423
	1994 1	27.04 II 423
50.	1993 1	27.07 II 421
51.	1996 1	27.27 II 412
52.	1997 1	28.69 III 354
53.	1997 1	28.77 III 351
DSQ	1997 2	
000	50	
302 9.10.2010	, 50m	
	24.14	19.12.20
: FINA 2010		
1.	1992	27.06 634 A
2.	1996	27.12 630 A
3.	1994	27.17 626 A
4.	1988	27.36 613 A
5.	1992	27.39 611 A
6.	1989	27.57 599 A
7.	1994	27.90 578 R
8.	1994	28.12 I 565 R
9.	1994	28.52 I 541
	1996 1	28.52 I 541
11.	1997	28.55 I 540
	1996	28.55 I 540
13.	1994	28.62 I 536
14.	1994	28.70 I 531
15.	1994	28.74 I 529
16.	1997 1	29.07 I 511
17.	1994	29.14 I 507
18.	1994	29.18 I 505
19.	1994	29.31 I 499
20.	1994 1	29.32 I 498
21.	1996	29.35 I 497
22.	1993	29.36 I 496
23.	1996 1	29.47 I 491
24.	1996 1	29.58 II 485
25.	1994	29.62 II 483
26.	1995 1	29.67 II 481
27.	1994	30.01 II 465
	1996	30.06 II 462
28.	1990	au un 11 Anz



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	302,		, 50m	l	:	,	,		
30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41.					1992 1997 1997 1 1995 1 1998 1 1998 1 1996 1 1996 1 1998 1 1997 1			30.10 30.20 30.36 30.65 31.04 31.10 31.19 31.27 31.37 31.48 32.60 33.71	460 456 449 436 420 417 414 411 407 402 362 328
09.10.20	303					, 100m			
				57.11					15.11.2009
: FINA 20	010								
1.	50m:	29.23	29.23	100m:	1989 1:02.09	32.86		1:02.09	718
2.	50m:	29.63	29.63	100m:	1991 1:02.18	32.55		1:02.18	715
3.	50m:	29.77	29.77	100m:	1992 1:03.10	33.33		1:03.10	684
4.	50m:	30.76	30.76	100m:	1992 1:04.73	33.97		1:04.73	634
5.	50m:	30.51	30.51	100m:	1994 1:05.15	34.64		1:05.15	621
6.	50m:	30.93	30.93	100m:	1993 1:05.64	34.71		1:05.64	608
7.	50m:	30.73	30.73	100m:	1991 1:05.68	34.95		1:05.68	606
8.	50m:	31.48	31.48	100m:	1991 1:07.07	35.59		1:07.07	569
9.	50m:	31.73	31.73	100m:	1993 1:07.23	35.50		1:07.23	565
10.	50m:	32.09	32.09	100m:	1992 1:07.57	35.48		1:07.57	557
11.	50m:	32.48	32.48	100m:	1992 1:08.41	35.93		1:08.41	537
12.	50m:	32.09	32.09	100m:	1990 1:08.65	36.56		1:08.65	531





6 - 9 2010 .

	303,		, 100m		,			
13.	50m:	32.37	32.37	100m:	1992 1:08.79	36.42	1:08.79	528
14.	50m:	33.10	33.10	100m:	1994 1:09.04	35.94	1:09.04	522
15.	50m:	32.23	32.23	100m:	1992 1:09.16	36.93	1:09.16	519
16.	50m:	32.67	32.67	100m:	1992 1:09.27	36.60	1:09.27	517
17.	50m:	32.59	32.59	100m:	1994 1:09.43	36.84	1:09.43	513
18.	50m:	32.94	32.94	100m:	1996 1 1:09.79	36.85	1:09.79	505
19.	50m:	33.04	33.04	100m:	1992 1:09.89	36.85	1:09.89	503
20.	50m:	32.60	32.60	100m:	1995 1 1:10.01	37.41	1:10.01	501
21.	50m:	33.24	33.24	100m:	1996 1:10.57	37.33	1:10.57	489
22.	50m:	32.89	32.89	100m:	1995 1 1:11.23	38.34	1:11.23	475
23.	50m:	34.35	34.35	100m:	1993 1:11.62	37.27	1:11.62	468
24.	50m:	33.90	33.90	100m:	1996 1 1:11.80	37.90	1:11.80	464
25.	50m:	32.57	32.57	100m:	1993 1 1:11.92	39.35	1:11.92	462
26.	50m:	33.96	33.96	100m:	1994 1:12.08	38.12	1:12.08	459
27.	50m:	33.55	33.55	100m:	1996 1 1:12.20	38.65	1:12.20	456
28.	50m:	34.08	34.08	100m:	1994 1 1:12.23	38.15	1:12.23	456
29.	50m:	34.25	34.25		1994 1:12.41	38.16	1:12.41	452
30.	50m:	34.57	34.57		1996 1 1:12.82	38.25	1:12.82	445
31.	50m:	34.42	34.42	100m:	1995 1 1:13.28	38.86	1:13.28	437
32.	50m:	33.96	33.96		1993 1:13.94	39.98	1:13.94	425
33.	50m:	35.12	35.12		1987 1 1:16.78	41.66	1:16.78	379





					,	6 - 9	2010 .		
	303,		, 100m	า	,				
34.	50m:	36.61	36.61	100m:	1996 1 1:16.87	40.26		1:16.87	378
35.	50m:	37.03	37.03	100m:	1997 1 1:18.19	41.16		1:18.19	359
DSQ					1997 2				
00.40.00	304					, 100m			
09.10.20	10			57.51					19.12.2009
: FINA 20	010			0.101					
4					1000			4.04.00	700
1.	50m:	28.73	28.73	100m:	1990 1:01.99	33.26		1:01.99	700
2.					1993			1:03.09	664
3.	50m:	30.83	30.83	100m:	1992 1:06.15	35.32		1:06.15	576
4.	50m:	30.97	30.97	100m:	1995 1:06.20	35.23		1:06.20	575
5.					1994			1:06.37	570
O.	50m:	31.03	31.03	100m:	1:06.37	35.34		1.00.01	010
6.	50m:	31.02	31.02	100m:	1996 1:06.73	35.71		1:06.73	561
7.	50m:	32.22	32.22	100m:	1994 1:06.84	34.62		1:06.84	558
8.	50m:	31.40	31.40	100m:	1994 1:06.96	35.56		1:06.96	555
9.					1993			1:07.05	553
	50m:	31.30	31.30	100m:	1:07.05	35.75			
10.	50m:	31.47	31.47	100m:	1989 1:07.68	36.21		1:07.68	538
11.	50m:	31.39	31.39	100m:	1992 1:08.09	36.70		1:08.09	528
12.	50m:	31.80	31.80	100m:	1994 1:08.93	37.13		1:08.93	509
13.	50m:	32.45	32.45	100m:	1996 1 1:09.52	37.07		1:09.52	496
14.	50m:	33.18	33.18		1994 1:10.42	37.24		1:10.42	477
15.	50m:	32.96	32.96		1995 1:10.51	37.55		1:10.51	475
16.	50m:	32.71	32.71		1995 1:11.46	38.75		1:11.46	457





					,	0-3	2010 .		
	304,		, 100r	m	,				
17.	50m:	32.87	32.87	100m:	1996 1:11.76	38.89		1:11.76	451
18.	50m:	34.43	34.43	100m:	1994 1:13.50	39.07		1:13.50	420
19.	50m:	34.12	34.12	100m:	1995 1 1:13.73	39.61		1:13.73	416
20.	50m:	34.83	34.83	100m:	1997 1 1:13.96	39.13		1:13.96	412
21.	50m:	35.53	35.53	100m:	1996 1 1:15.17	39.64		1:15.17	392
22.	50m:	34.83	34.83	100m:	1996 1 1:15.38	40.55		1:15.38	389
23.	50m:	35.63	35.63	100m:	1996 1 1:15.79	40.16		1:15.79	383
24.	50m:	36.14	36.14	100m:	1996 1 1:19.10	42.96		1:19.10	337
25.	50m:	38.57	38.57	100m:	1998 1 1:24.82	46.25		1:24.82	273
9.10.20	305					, 200m			
2.10.20				1:54.52					19.12.20

				1.54.52								19.	12.2009
: FINA 2	010												
1.					1991					2:	05.49	702	
	50m:	28.25	28.25	100m:	1:00.88	32.63	150m:	1:36.25	35.37	200m:	2:05.49	29.24	
2.					1992						06.38	687	
	50m:	27.59	27.59	100m:	59.26	31.67	150m:	1:37.34	38.08	200m:	2:06.38	29.04	
3.					1993					2:	08.89	648	
	50m:	28.36	28.36	100m:	1:02.84	34.48	150m:	1:39.06	36.22	200m:	2:08.89	29.83	
4.					1989					2:	09.03	646	
	50m:	26.92	26.92	100m:	59.45	32.53	150m:	1:36.58	37.13	200m:	2:09.03	32.45	
5.					1988					2:	09.53	638	
	50m:	27.56	27.56	100m:	1:01.41	33.85	150m:	1:39.80	38.39	200m:	2:09.53	29.73	
6.					1993					2:	10.03	631	
	50m:	28.78	28.78	100m:	1:02.00	33.22	150m:	1:40.15	38.15	200m:	2:10.03	29.88	
7.					1995					2:	10.10	630	
	50m:	28.41	28.41	100m:	1:02.93	34.52	150m:	1:39.48	36.55	200m:	2:10.10	30.62	
8.					1992					2:	10.18	629	
	50m:	27.57	27.57	100m:	1:00.24	32.67	150m:	1:39.48	39.24	200m:	2:10.18	30.70	





	305,		, 200m		,						
9.	50m:	28.36	28.36	100m:	1992 1:02.25	33.89	150m:	1:40.93	38.68	2:10.66 200m: 2:10.66	622 29.73
10.	50m:	28.86	28.86	100m:	1993 1:02.03	33.17	150m:	1:39.98	37.95	2:11.17 200m: 2:11.17	615 31.19
11.	50m:	28.49	28.49	100m:	1993 1:02.77	34.28	150m:	1:40.73	37.96	2:11.31 200m: 2:11.31	613 30.58
12.	50m:	27.99	27.99	100m:	1993 1:02.67	34.68	150m:	1:41.63	38.96	2:11.47 200m: 2:11.47	610 29.84
13.	50m:	29.08	29.08	100m:	1993 1:02.48	33.40	150m:	1:41.04	38.56	2:12.12 200m: 2:12.12	601 31.08
14.	50m:	28.94	28.94	100m:	1992 1:03.85	34.91	150m:	1:41.50	37.65	2:12.33 200m: 2:12.33	599 30.83
15.	50m:	27.17	27.17	100m:	1992 1:01.30	34.13	150m:	1:42.22	40.92	2:13.59 200m: 2:13.59	582 31.37
16.	50m:	29.12	29.12	100m:	1994 1:03.68	34.56	150m:	1:42.54	38.86	2:14.56 200m: 2:14.56	569 32.02
17.	50m:	28.81	28.81	100m:	1993 1:01.59	32.78	150m:	1:40.86	39.27	2:14.79 200m: 2:14.79	566 33.93
18.	50m:	28.97	28.97	100m:	1995 1 1:03.71	34.74	150m:	1:44.54	40.83	2:15.17 200m: 2:15.17	562 30.63
19.	50m:	29.70	29.70	100m:	1994 1:03.68	33.98	150m:	1:42.98	39.30	2:15.33 200m: 2:15.33	560 32.35
20.	50m:	29.46	29.46	100m:	1990 1:04.15	34.69	150m:	1:43.86	39.71	2:15.45 200m: 2:15.45	558 31.59
21.	50m:	30.12	30.12	100m:	1996 1 1:04.51	34.39	150m:	1:44.52	40.01	2:16.46 I 200m: 2:16.46	546 31.94
22.	50m:	30.15	30.15	100m:	1992 1:08.85	38.70	150m:	1:46.73	37.88	2:18.51 I 200m: 2:18.51	522 31.78
23.	50m:	28.30	28.30	100m:	1993 1:02.65	34.35	150m:	1:44.95	42.30	2:18.93 200m: 2:18.93	517 33.98
24.	50m:	29.19	29.19	100m:	1989 1:04.17	34.98	150m:	1:46.61	42.44	2:19.41 200m: 2:19.41	512 32.80
25.	50m:	29.29	29.29	100m:	1992 1:06.11	36.82	150m:	1:47.31	41.20	2:19.76 I 200m: 2:19.76	508 32.45
26.	50m:	29.81	29.81	100m:	1996 1 1:05.89	36.08	150m:	1:47.30	41.41	2:21.29 200m: 2:21.29	492 33.99
27.	50m:	30.18	30.18	100m:	1995 1:05.09	34.91	150m:	1:47.46	42.37	2:21.30 200m: 2:21.30	492 33.84
28.	50m:	29.45	29.45	100m:	1994 1:06.34	36.89	150m:	1:48.48	42.14	2:22.41 200m: 2:22.41	480 33.93
29.	50m:	29.22	29.22	100m:	1993 1:06.97	37.75	150m:	1:50.17	43.20	2:22.93 200m: 2:22.93	475 32.76





	305,		, 200m	า	,							
30.					1994					2::	23.21	472
	50m:	29.06	29.06	100m:	1:05.01	35.95	150m:	1:48.14	43.13		2:23.21	35.07
31.					1993					2:	23.42	470
	50m:	30.38	30.38	100m:	1:09.26	38.88	150m:	1:49.78	40.52		2:23.42	33.64
32.					1996 1					2::	23.43	470
	50m:	31.03	31.03	100m:	1:07.28	36.25	150m:	1:49.26	41.98	200m:	2:23.43	34.17
33.					1995					2:	24.30	461
	50m:	30.78	30.78	100m:	1:10.41	39.63	150m:	1:50.07	39.66	200m:	2:24.30	34.23
34.					1990					2:	25.78	448
	50m:	31.23	31.23	100m:	1:07.96	36.73	150m:	1:50.38	42.42	200m:	2:25.78	35.40
35.					1994 1					2:	27.10	436
	50m:	30.24	30.24	100m:	1:10.91	40.67	150m:	1:54.41	43.50	200m:	2:27.10	32.69
36.					1989					2:	28.05 II	427
	50m:	31.15	31.15	100m:	1:05.30	34.15	150m:	1:50.76	45.46	200m:	2:28.05	37.29
37.					1995 1					2:	30.43	407
	50m:	30.31	30.31	100m:	1:09.41	39.10	150m:	1:56.62	47.21	200m:	2:30.43	33.81
38.					1995 1						3 5.70	367
	50m:	34.35	34.35	100m:	1:15.64	41.29	150m:	1:57.72	42.08	200m:	2:35.70	37.98

 $\begin{array}{c} 306 \\ 09.10.2010 \end{array} \hspace{3cm} , 200m$

10.							2:07.55				
										010	: FINA 20
25 732	2:18.25					1990					1.
	200m: 2:18.25	43.11	1:46.18	150m:	33.79	1:03.07	100m:	29.28	29.28	50m:	
12 688	2:21.12					1994					2.
21.12 34.07	200m: 2:21.12	40.48	1:47.05	150m:	36.41	1:06.57	100m:	30.16	30.16	50m:	
26 671	2:22.26					1994					3.
22.26 33.59	200m: 2:22.26	40.27	1:48.67	150m:	37.10	1:08.40	100m:	31.30	31.30	50m:	
97 648	2:23.97					1989					4.
23.97 33.99	200m: 2:23.97	42.29	1:49.98	150m:	36.96	1:07.69	100m:	30.73	30.73	50m:	
93 635	2:24.93					1989					5.
24.93 35.55	200m: 2:24.93	41.61	1:49.38	150m:	36.22	1:07.77	100m:	31.55	31.55	50m:	
63 626	2:25.63					1994					6.
25.63 33.57	200m: 2:25.63	43.28	1:52.06	150m:	37.87	1:08.78	100m:	30.91	30.91	50m:	
38 616	2:26.38					1996					7.
26.38 33.98	200m: 2:26.38	40.91	1:52.40	150m:	38.63	1:11.49	100m:	32.86	32.86	50m:	
	2:26.68					1992					8.
26.68 36.25	200m: 2:26.68	41.31	1:50.43	150m:	37.99	1:09.12	100m:	31.13	31.13	50m:	
2:: 4.: 2:: 5.: 2:: 6.:	2:26 2:26 2:26 2:26 2:26 2:26 2:26 2:26	41.61 43.28 40.91	1:49.38 1:52.06 1:52.40	150m: 150m: 150m:	36.22 37.87 38.63	1:07.69 1989 1:07.77 1994 1:08.78 1996 1:11.49	100m: 100m: 100m:	31.55 30.91 32.86	31.55 30.91 32.86	50m: 50m: 50m:	5.6.7.





	306,		, 200r	n	,						
9.					1995					2:28.58	589
40	50m:	31.99	31.99	100m:	1:11.99	40.00	150m:	1:53.15	41.16	200m: 2:28.58	35.43
10.	50m:	30.48	30.48	100m:	1993 1:10.52	40.04	150m:	1:53.92	43.40	2:29.31 200m: 2:29.31	581 35.39
11.	50m:	33.26	33.26	100m:	1994 1 1:11.18	37.92	150m:	1:55.93	44.75	2:30.84 200m: 2:30.84	563 34.91
12.	50m:	33.22	33.22	100m:	1994 1:10.64	37.42	150m:	1:56.07	45.43	2:31.90 200m: 2:31.90	551 35.83
13.	50m:	32.30	32.30	100m:	1993 1:12.28	39.98	150m:	1:58.61	46.33	2:32.33 200m: 2:32.33	547 33.72
14.	50m:	32.40	32.40	100m:	1995 1:11.61	39.21	150m:	1:56.43	44.82	2:33.13 I 200m: 2:33.13	538 36.70
15.	50m:	33.32	33.32	100m:	1994 1:13.05	39.73	150m:	1:58.78	45.73	2:34.42 I 200m: 2:34.42	525 35.64
16.	50m:	33.85	33.85	100m:	1994 1:12.85	39.00	150m:	1:58.18	45.33	2:34.64 200m: 2:34.64	523 36.46
17.	50m:	32.40	32.40	100m:	1995 1:12.85	40.45	150m:	1:57.83	44.98	2:34.78 l 200m: 2:34.78	521 36.95
18.	50m:	34.30	34.30	100m:	1995 1:14.93	40.63	150m:	1:57.58	42.65	2:35.01 l 200m: 2:35.01	519 37.43
19.	50m:	33.47	33.47	100m:	1996 1 1:12.74	39.27	150m:	1:59.41	46.67	2:35.53 l 200m: 2:35.53	514 36.12
20.	50m:	35.62	35.62	100m:	1996 1:14.59	38.97	150m:	2:00.37	45.78	2:37.45 l 200m: 2:37.45	495 37.08
21.	50m:	33.50	33.50	100m:	1997 1:12.55	39.05	150m:	2:00.86	48.31	2:38.42 200m: 2:38.42	486 37.56
22.	50m:	34.37	34.37	100m:	1994 1:15.56	41.19	150m:	2:03.36	47.80	2:39.01 l 200m: 2:39.01	481 35.65
23.	50m:	33.28	33.28	100m:	1996 1 1:13.37	40.09	150m:	2:02.42	49.05	2:39.42 I 200m: 2:39.42	477 37.00
24.	50m:	34.99	34.99	100m:	1994 1:16.49	41.50	150m:	2:05.05	48.56	2:39.77 l 200m: 2:39.77	474 34.72
25.	50m:	34.40	34.40	100m:	1995 1:14.51	40.11	150m:	2:01.89	47.38	2:39.95 l 200m: 2:39.95	472 38.06
26.	50m:	33.31	33.31	100m:	1996 1:13.12	39.81	150m:	2:02.11	48.99	2:40.56 l 200m: 2:40.56	467 38.45
27.	50m:	32.83	32.83	100m:	1996 1 1:14.44	41.61	150m:	2:04.14	49.70	2:41.49 I 200m: 2:41.49	459 37.35
28.	50m:	36.75	36.75	100m:	1996 1 1:17.46	40.71	150m:	2:04.51	47.05	2:41.54 200m: 2:41.54	458 37.03
29.	50m:	33.62	33.62	100m:	1994 1:15.65	42.03	150m:	2:03.54	47.89	2:41.98 I 200m: 2:41.98	455 38.44





						, 0-9		2010 .			
	306,		, 200	m	,						
30.	50m:	35.68	35.68	100m:	1998 1 1:15.64	39.96	150m:	2:03.98	48.34	2:42.60 200m: 2:42.60	449 38.62
31.	50m:	35.93	35.93	100m:	1996 1:17.97	42.04	150m:	2:08.59	50.62	2:43.57 II 200m: 2:43.57	442 34.98
32.	50m:	37.52	37.52	100m:	1996 1 1:19.78	42.26	150m:	2:06.57	46.79	2:43.84 II 200m: 2:43.84	439 37.27
33.	50m:	35.25	35.25	100m:	1996 1 1:16.95	41.70	150m:	2:05.83	48.88	2:44.10 1 200m: 2:44.10	437 38.27
34.	50m:	37.49	37.49	100m:	1996 1 1:15.44	37.95	150m:	2:05.47	50.03	2:44.49 200m: 2:44.49	434 39.02
35.	50m:	35.57	35.57	100m:	1997 1 1:18.58	43.01	150m:	2:08.87	50.29	2:50.25 II 200m: 2:50.25	392 41.38
36.	50m:	38.14	38.14	100m:	1994 1:22.96	44.82	150m:	2:10.23	47.27	2:53.10 II 200m: 2:53.10	372 42.87
37.	50m:	38.88	38.88	100m:	1998 1 1:23.63	44.75	150m:	2:14.59	50.96	2:54.07 1 200m: 2:54.07	366 39.48
38.	50m:	39.27	39.27	100m:	1998 1 1:26.70	47.43	150m:	2:18.86	52.16	3:00.72 II 200m: 3:00.72	327 41.86
DSQ DSQ					1995 1995 1						
09.10.20	307					, 800m					
				7:37.73						(FIN)	09.12.200
: FINA 20	010										
1.	50m:	28.55	28.55	300m:	1991 3:07.80	31.88	500m:	5:17.76	32.44	8:29.83 750m: 7:25.75	657 32.06

: FINA 2	010											
1.					1991					8:	29.83	657
	50m:	28.55	28.55	300m:	3:07.80	31.88	500m:	5:17.76	32.44	750m:	7:25.75	32.06
	100m:	1:00.03	31.48	350m:	3:40.75	32.95	550m:	5:49.37	31.61	800m:	7:58.93	33.18
	150m:	1:31.96	31.93	400m:	4:14.04	33.29	600m:	6:22.25	32.88			
	250m:	2:35.92	1:03.96	450m:	4:45.32	31.28	650m:	6:53.69	31.44			
2.					1992					8:	35.16	637
	50m:	27.85	27.85	250m:	2:36.17	32.43	450m:	4:46.38	32.32	650m:	6:57.50	32.22
	100m:	1:00.54	32.69	300m:	3:08.58	32.41	500m:	5:19.98	33.60	700m:	7:30.62	33.12
	150m:	1:33.29	32.75	350m:	3:40.84	32.26	550m:	5:53.15	33.17	800m:	8:35.16	1:04.54
	200m:	2:03.74	30.45	400m:	4:14.06	33.22	600m:	6:25.28	32.13			
3.					1992					8:	36.60	632
	50m:	30.06	30.06	250m:	2:39.96	32.60	450m:	4:50.09	32.65	650m:	6:59.71	32.42
	100m:	1:02.20	32.14	300m:	3:12.30	32.34	500m:	5:22.30	32.21	700m:	7:32.31	32.60
	150m:	1:34.76	32.56	350m:	3:44.98	32.68	550m:	5:54.82	32.52	750m:	8:04.92	32.61
	200m:	2:07.36	32.60	400m:	4:17.44	32.46	600m:	6:27.29	32.47	800m:	8:36.60	31.68





	307	,	, 800m	l		,						
4.					1996					8:	39.84	620
	50m: 100m:	30.13 1:03.42	30.13 33.29	250m: 300m:	2:52.37 3:12.92	44.43 20.55	450m: 500m:	4:50.18 5:23.99	32.04 33.81	650m: 700m:	7:03.80 7:37.26	32.99 33.46
	150m:	1:35.27	31.85	350m:	3:45.07	32.15	550m:	5:57.75	33.76	800m:	8:39.84	1:02.58
	200m:	2:07.94	32.67	400m:	4:18.14	33.07	600m:	6:30.81	33.06	_		
5.	50m:	30.58	30.58	250m:	1991 2:42.39	32.14	450m:	4:51.43	32.08	8: 4 650m:	40.38 7:03.68	618 33.24
	100m:	1:03.46	32.88	300m:	3:14.38	31.99	500m:	5:24.23	32.80	700m:	7:37.12	33.44
	150m: 200m:	1:37.04 2:10.25	33.58 33.21	350m: 400m:	3:47.21 4:19.35	32.83 32.14	550m: 600m:	5:57.46 6:30.44	33.23 32.98	750m: 800m:	8:10.37 8:40.38	33.25 30.01
6.	2001111	2.10.20	00.21	100111.	1992	02.11	000111.	0.00.11	02.00		47.19	595
0.	50m:	29.79	29.79	250m:	2:40.70	32.89	450m:	4:52.95	33.25	650m:	7:06.72	32.32
	100m: 150m:	1:02.00 1:34.67	32.21 32.67	300m: 350m:	3:13.75 3:46.50	33.05	500m: 550m:	5:26.80 6:00.51	33.85 33.71	700m: 750m:	7:40.42 8:15.35	33.70
	200m:	2:07.81	33.14	400m:	4:19.70	32.75 33.20	600m:	6:34.40	33.89	800m:	8:47.19	34.93 31.84
7.					1992					8:	48.77	589
8.					1993					8:	58.34	558
9.					1994						01.19	550
10.	50m:	31.60	31.60	250m:	1990 2:48.36	34.73	450m:	5:05.39	32.89	9: 0650m:	01.42 7:18.63	549 34.34
	100m:	1:06.21	34.61	300m:	3:24.31	35.95	500m:	5:38.69	33.30	700m:	7:53.01	34.38
	150m:	1:39.80	33.59	350m:	3:58.78	34.47	550m:	6:11.08	32.39	750m:	8:27.78	34.77
	200m:	2:13.63	33.83	400m:	4:32.50	33.72	600m:	6:44.29	33.21	800m:	9:01.42	33.64
11.	50m:	29.48	29.48	250m:	1978 2:43.35	33.05	450m:	5:01.00	34.60	9: 650m:	02.92 l 7:19.78	544 34.60
	100m:	1:02.33	32.85	300m:	3:17.64	34.29	500m:	5:35.91	34.91	700m:	7:54.84	35.06
	150m: 200m:	1:35.71 2:10.30	33.38 34.59	350m: 400m:	3:51.81 4:26.40	34.17 34.59	550m: 600m:	6:10.42 6:45.18	34.51 34.76	750m: 800m:	8:30.62 9:02.92	35.78 32.30
12.	2001111	2.10.00	01.00	100111.	1992	01.00	0001111	0.10.10	01.10		06.29	534
13.					1992						10.25	523
14.					1993						18.22	501
15.					1995						19.40	498
16.					1994 1						22.74	489
17. 18.					1996 1 1992						27.67 ∣ 28.58 ∣	476 474
19.					1995 1						39.37	448
20.					1996 1						47.38	430
21.					1994 1						53.24	417
22.					1994						55.46	412
23. 24.					1993 1 1996 1						59.90 01.64	403 400
24. 25.					1996 1						32.90 II	343
26.					1997 1						41.78	329
27.					1997 2					10:	42.52	328





308 , 400m

09.10.2010	

				4:02.89								13.11.200
: FINA 2	2010											
1.					1989					4.	32.66	639
1.	50m:	31.66	31.66	150m:	1:41.34	35.17	250m:	2:50.73	34.21	350m:	3:58.99	34.51
	100m:	1:06.17	34.51	200m:	2:16.52	35.18	300m:	3:24.48	33.75	400m:	4:32.66	33.67
2.					1996					4:	33.53	633
	50m:	30.42	30.42	150m:	1:39.24	34.59	250m:	2:49.70	35.16	350m:	3:59.69	35.06
	100m:	1:04.65	34.23	200m:	2:14.54	35.30	300m:	3:24.63	34.93	400m:	4:33.53	33.84
3.					1992					4:	36.57	612
	50m:	31.49	31.49	150m:	1:41.86	35.48	250m:	2:52.28	35.30	350m:	4:02.68	35.38
	100m:	1:06.38	34.89	200m:	2:16.98	35.12	300m:	3:27.30	35.02	400m:	4:36.57	33.89
4.					1995					4:	36.59	612
	50m:	31.74	31.74	150m:	1:41.45	34.99	250m:	2:51.46	34.74	350m:	4:02.16	35.35
	100m:	1:06.46	34.72	200m:	2:16.72	35.27	300m:	3:26.81	35.35	400m:	4:36.59	34.43
5.					1995					4:	39.44	594
	50m:	31.76	31.76	150m:	1:42.09	35.21	250m:	2:53.22	35.60	350m:	4:04.44	35.64
	100m:	1:06.88	35.12	200m:	2:17.62	35.53	300m:	3:28.80	35.58	400m:	4:39.44	35.00
6.					1996					4:	42.83	573
	50m:	32.59	32.59	150m:	1:44.02	35.55	250m:	2:55.94	35.62	350m:	4:08.24	35.94
	100m:	1:08.47	35.88	200m:	2:20.32	36.30	300m:	3:32.30	36.36	400m:	4:42.83	34.59
7.					1996					4:	44.93	560
	50m:	33.69	33.69	150m:	1:44.67	36.53	250m:	2:57.37	36.06	350m:	4:09.57	35.38
	100m:	1:08.14	34.45	200m:	2:21.31	36.64	300m:	3:34.19	36.82	400m:	4:44.93	35.36
8.					1991					4:	48.98 I	537
	50m:	33.60	33.60	150m:	1:45.62	36.46	250m:	2:58.60	36.49	350m:	4:12.23	37.18
	100m:	1:09.16	35.56	200m:	2:22.11	36.49	300m:	3:35.05	36.45	400m:	4:48.98	36.75
9.					1994					4:	50.24	530
	50m:	30.91	30.91	150m:	1:43.15	37.07	250m:	2:59.27	39.55	350m:	4:14.02	37.84
	100m:	1:06.08	35.17	200m:	2:19.72	36.57	300m:	3:36.18	36.91	400m:	4:50.24	36.22
10.					1994					4:	52.03	520
	50m:	33.30	33.30	150m:		37.56	250m:	3:01.30	37.32	350m:	4:16.20	37.37
	100m:	1:09.30	36.00	200m:	2:23.98	37.12	300m:	3:38.83	37.53	400m:	4:52.03	35.83
11.					1995					4:	52.18	519
	50m:	32.92	32.92		1:46.22	37.36	250m:	3:00.32	37.01		4:15.60	38.03
	100m:	1:08.86	35.94	200m:	2:23.31	37.09	300m:	3:37.57	37.25	400m:	4:52.18	36.58
12.					1996					4:	52.23	519
	50m:	32.47	32.47	150m:	1:46.27	37.91	250m:	3:01.35	37.13	350m:	4:16.79	37.48
	100m:	1:08.36	35.89	200m:	2:24.22	37.95	300m:	3:39.31	37.96	400m:	4:52.23	35.44
13.					1996 1						53.73	511
	50m:	32.67	32.67	150m:	1:46.33	37.42	250m:	3:01.87	37.82	350m:	4:17.15	37.77
	100m:	1:08.91	36.24	200m:	2:24.05	37.72	300m:	3:39.38	37.51	400m:	4:53.73	36.58
14.					1997					4:	53.93	510
	50m:	34.49	34.49	150m:	1:50.07	37.80	250m:	3:04.47	36.49	350m:	4:18.66	36.99
	100m:	1:12.27	37.78	200m:	2:27.98	37.91	300m:	3:41.67	37.20	400m:	4:53.93	35.27





	308	,	, 400r	m		,					
15.	50m: 100m:	32.22 1:07.95	32.22 35.73	150m: 200m:	1994 1:44.96 2:23.43	37.01 38.47	250m: 300m:	3:02.31 3:40.89	38.88 38.58	4:56.69 I 350m: 4:19.20 400m: 4:56.69	496 38.31 37.49
16.	50m: 100m:	33.10 1:09.83	33.10 36.73	150m: 200m:	1997 1 1:47.79 2:26.10	37.96 38.31	250m: 300m:	3:04.27 3:42.62	38.17 38.35	4:57.42 I 350m: 4:20.70 400m: 4:57.42	492 38.08 36.72
17.	50m: 100m:	32.57 1:09.26	32.57 36.69	200m: 250m:	1994 2:25.74 3:05.39	1:16.48 39.65	300m: 350m:	3:44.88 4:23.63	39.49 38.75	4:59.92 I 400m: 4:59.92	480 36.29
18.	50m: 100m:	33.35 1:10.04	33.35 36.69	150m: 200m:	1994 1:47.83 2:25.94	37.79 38.11	250m: 300m:	3:04.98 3:44.55	39.04 39.57	5:00.66 I 350m: 4:22.74 400m: 5:00.66	477 38.19 37.92
19.	50m: 100m:	32.92 1:09.28	32.92 36.36	150m: 200m:	1993 1:46.76 2:25.43	37.48 38.67	250m: 300m:	3:04.84 3:44.41	39.41 39.57	5:03.57 II 350m: 4:24.54 400m: 5:03.57	463 40.13 39.03
20.	50m: 100m:	36.65 1:12.95	36.65 36.30	150m: 200m:	1998 1 1:51.69 2:33.52	38.74 41.83	250m: 300m:	3:13.19 3:52.32	39.67 39.13	5:11.36 II 350m: 4:33.48 400m: 5:11.36	429 41.16 37.88
21.	50m: 100m:	34.01 1:12.54	34.01 38.53	150m: 200m:	1998 1 1:51.85 2:32.24	39.31 40.39	250m: 300m:	3:12.16 3:53.51	39.92 41.35	5:12.59 II 350m: 4:33.99 400m: 5:12.59	424 40.48 38.60
22.	50m: 100m:	35.01 1:14.25	35.01 39.24	150m: 200m:	1998 1 1:54.95 2:34.87	40.70 39.92	250m: 300m:	3:13.85 3:54.40	38.98 40.55	5:13.71 II 350m: 4:34.79 400m: 5:13.71	419 40.39 38.92
23.	50m: 100m:	37.17 1:18.17	37.17 41.00	150m: 200m:	1998 1 2:01.72 2:44.15	43.55 42.43	250m: 300m:	3:27.23 4:10.48	43.08 43.25	5:36.66 II 350m: 4:54.68 400m: 5:36.66	339 44.20 41.98
24.	50m: 100m:	35.39 1:16.43	35.39 41.04	150m: 200m:	1997 1 2:00.85 2:45.33	44.42 44.48	250m: 300m:	3:30.35 4:15.03	45.02 44.68	5:44.38 II 350m: 5:00.08 400m: 5:44.38	I 317 45.05 44.30
EXH	50m: 100m:	40.33 1:25.80	40.33 45.47	150m: 200m:	1998 2 2:11.52 2:57.84	45.72 46.32	250m: 300m:	3:44.12 4:30.14	46.28 46.02	5:57.14 350m: 5:15.71 400m: 5:57.14	284 45.57 41.43





		, 6-9	2010 .		
301 9.10.2010		, 50m			
	20.83			-	20.12.20
: FINA 2010					
А					
1.	198			22.89	697
2.	199			23.21	669
3.	198			23.27	663
4. 5.	199 198			23.56 23.78	639 622
6.	199			24.21	589
302		, 50m			
9.10.2010	24.14				19.12.20
: FINA 2010					
Α					
1.	199	92		26.60	667
2.	198			26.80	652
3.	199			26.86	648
4.	199	96		26.90	645
5. 6.	198	39		27.02	637
6.	199	92		27.24	621
309		, 4 x 50n	n		
9.10.2010		, 4 x 301	11		
: FINA 2010	1:31.80				10.12.20
. 1 114/1 2010					
1. 1				1:43.10	616
•	90	27.09		84	24.25
	91	28.75		87	23.01
2. 1				1:44.88	585
	92	27.30		85	25.29
	92	28.65		93	23.64
3. 1				1:45.03	583
	89	27.18		90	25.90
	89	28.44		92	23.51
	00				
4. 1				1:46.54	558
4. 1	93	27.60		93	26.71
4. 1					
 4. 1 5. 1 	93 91	27.60 28.33		93	26.71 23.90 557
	93	27.60		93 90	26.71 23.90





			·		
	309,	, 4 x 50m	,		
6.	1	89 91	27.42 29.79	1:47.59 83 93	542 26.23 24.15
7.	2	92 91		1:48.59 88 93	527
8.	1	90 92	27.16 30.83	1:49.31 95 94	517 27.18 24.14
9.	2	93 92	28.90 29.88	1:49.52 93 93	514 26.38 24.36
10.	2	94 95		1:50.26 93 91	504
11.	2	91 92	28.46 31.16	1:51.83 90 96	483 27.39 24.82
12.	1	90 92	28.97 29.81	1:52.70 93 92	472 28.23 25.69
13.	1	93 93	29.48 32.33	1:53.39 92 95	463 27.00 24.58
14.	1	95 93	30.94 30.46	1:55.41 93 93	439 27.86 26.15
15.	2	91 92	31.81 30.52	1:56.21 94 78	430 26.79 27.09
16.	4	96 94		1:57.22 93 96	419
17.	3	96 96		1:58.52 96 96	405





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